



HEALTHY CONNECTIONS

Senior Care Plus

A Publication for Hometown Health's Senior Care Plus Members

FALL 2017

Important Information for Senior Care Plus Members 2018 Benefit Plan Selection Made Easy!

During Medicare's annual enrollment period from October 15 - December 7, 2017 you have the opportunity to change your plan selection for the upcoming plan year. **If you do not want to change your plan for 2018, you do not need to do anything. We will automatically re-enroll you on your current plan for 2018.** This year, Senior Care Plus is offering you the opportunity to make your 2018 plan elections online. **We will not be mailing a paper election form unless you call and request one.**



If you would like to change your plan, there are 3 ways to do so for the 2018 plan year:

1. You may submit an electronic Abbreviated Election form by logging into mybenefitscoverage.com.
2. You may call Customer Service at 775-982-3112, or toll-free at 888-775-7003 (TTY 711) and a Senior Care Plus representative can assist you with making your 2018 plan elections.
3. You may request that a paper election form be mailed to you. Please call Customer Service at 775-982-3112, or toll-free at 888-775-7003 (TTY 711) to request an election form be mailed to you.

We want you to get the plan that best fits your needs. Look inside to review the 2018 Plan Benefit options.

**Don't have a MyBenefitsCoverage.com account?
Visit SeniorCarePlus.com for easy step-by-step sign up instructions.**

Open Enrollment Meeting Schedule - October 16 Through December 7

Reno Meetings - 10315 Professional Circle, Reno

Current Member Meetings

- Monday 1:00pm to 2:30pm
- Wednesday 9:00am to 10:30am

Prospective Member Meetings—For your friends who are not yet Members!

- Monday 11:00am to 12:30pm
- Wednesday 11:00am to 12:30pm
- Friday 11:00am to 12:30pm

Carson City Meetings - 911 Topsy Lane, #230, Carson City

Current Member Meetings

- Wednesday 2:00pm to 3:00pm

Prospective Member Meetings—For your friends who are not yet Members!

- Wednesday 10:00am to 11:00am



**Call 775-982-3191
or go online to
reserve your seat!**

Come to a meeting to learn about plan benefits and select the plan that is right for you!

Visit SeniorCarePlus.com to view the full meeting schedule and reserve your seat!



Gym Memberships Available In 2018! Stay Active and Stay Fit with a Senior Care Plus Sponsored Gym Membership!

If you have selected any of the five plans listed below for 2018, you can enjoy a year-long gym membership at one of the participating fitness facilities.

Gym Membership Is Included In the Following Plans:

- Value Rx Enhanced
- Value Rx Select
- Freedom Rx
- Freedom Rx Enhanced
- Freedom Rx Select

Participating fitness facilities include:

Anytime Fitness – 24 hour access, cardio/weight equipment, locker rooms

- Caughlin Ranch - 4784 Caughlin Pkwy Ste. 401, Reno, NV 89519
- Galena - 18603 Wedge Pkwy Ste. D-E, Reno, NV 89511
- Fernley - 1201 Penny Ln. Ste. 120-130, Fernley, NV 89408
- Fallon - 2125 W. Williams Ave., Fallon, NV 89406
- Yerington - 243 N. Main St., Yerington, NV 89447

Eagle Fitness – 24 hour access, cardio/weight equipment, group exercise classes, locker rooms

- Reno - 6295 Sharlands Ave. Ste. 2, Reno, NV 89523
- Sparks - 1535 Los Altos Pkwy, Sparks, NV 89436

Double Diamond – cardio/weight equipment, group exercise classes, pool, sauna/steam room, tennis/racquetball courts

- Reno - 9400 Double Diamond Pkwy, Reno, NV 89521

European Fitness – cardio/weight equipment, pool, sauna/steam

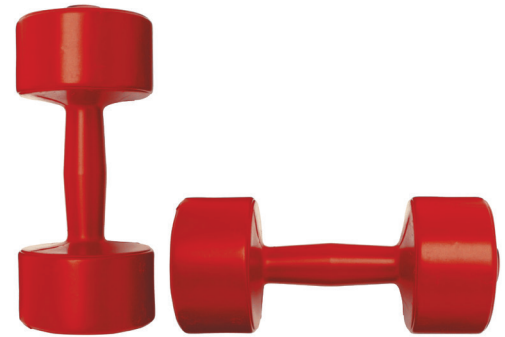
- Reno - 2999 S. Virginia St., Reno, NV 89502

Douglas County Senior Center – cardio/weight equipment, basketball courts, racquetball courts, locker rooms

- Douglas County - 1329 Waterloo Ln., Gardnerville, NV 89410

You need only show your Senior Care Plus membership card on your first visit after January 1, 2018 to take advantage of this fitness benefit!

Note: Not all gym activities/amenities are included with your Senior Care Plus gym membership. Visit a participating fitness facility after December 15, 2017 to learn more. Senior Care Plus gym memberships are only valid at one participating fitness facility.





2017 Seasonal Flu Shot Schedule

Date	Time	Location
Thursday, October 19, 2017	3:00p - 6:00p	10315 Professional Circle, 2nd Floor, Reno
*Thursday, October 26, 2017	3:00p - 6:00p	10315 Professional Circle, 2nd Floor, Reno
Monday, October 30, 2017	9:00a - noon	10315 Professional Circle, 2nd Floor, Reno
Monday, October 30, 2017	noon - 2:00p	Plaza Event Center, 801 S Carson St, Carson City
Thursday, November 2, 2017	3:00p - 6:00p	10315 Professional Circle, 2nd Floor, Reno
Thursday, November 9, 2017	3:00p - 6:00p	10315 Professional Circle, 2nd Floor, Reno
Sunday, November 12, 2017	9:00a - 1:00p	St. John's Church 1070 Plumb Lane, Reno
Tuesday, November 14, 2017	9:00a - noon	10315 Professional Circle, 2nd Floor, Reno
Thursday, November 16, 2017	3:00p - 6:00p	10315 Professional Circle, 2nd Floor, Reno
Monday, November 20, 2017	9:00a - noon	10315 Professional Circle, 2nd Floor, Reno
Monday, November 27, 2017	9:00a - noon	10315 Professional Circle, 2nd Floor, Reno
*Thursday, November 30, 2017	3:00p - 6:00p	10315 Professional Circle, 2nd Floor, Reno
Monday, December 4, 2017	9:00a - noon	10315 Professional Circle, 2nd Floor, Reno
Thursday, December 7, 2017	3:00p - 6:00p	10315 Professional Circle, 2nd Floor, Reno
Monday, December 11, 2017	9:00a - noon	10315 Professional Circle, 2nd Floor, Reno
*Thursday, December 14, 2017	3:00p - 6:00p	10315 Professional Circle, 2nd Floor, Reno

Flu Shots: No out-of-pocket costs for Medicare beneficiaries (Part B), Senior Care Plus members, and Hometown Health fully insured HMO and PPO plans. Please bring your insurance card and current ID. Seasonal flu vaccination will be available for ages 9 and up. High-dose flu shots will be available for those 65 and older. Non-member cost is \$35.00.

Pneumonia Shots: Pneumovax 23 and Prevnar 13 will be available for those who meet CDC criteria.

Pediatric Flu Shots: By appointment only for ages 6 months to 8 years. Call **775-982-5433**.

***Zostavax (Shingles Vaccine):** By appointment only for ages 60 and older. Call **775-982-5433**.

Please bring your insurance card and current ID. There are no out-of-pocket costs for Medicare beneficiaries (Part B), Senior Care Plus members, and Hometown Health fully insured HMO and PPO plans.

Visit Renown.org/flushot for more information.





CHOOSE YOUR OPTION.

For these plans, beneficiaries must reside in one of these counties: Carson City, Churchill, Douglas, Lyon or Storey Counties.

BENEFITS	ORIGINAL MEDICARE (2017 AMOUNTS)	FREEDOM BASIC PPO-008 (MA)	FREEDOM Rx PPO-007 (MA-PD)	FREEDOM Rx ENHANCED PPO-006 (MA-PD)	FREEDOM Rx SELECT PPO-005 (MA-PD)
Monthly Plan Premium	\$0	\$0	\$50	\$121	\$223
Part B Premium	No Rebate	\$20 Rebate	No Rebate	No Rebate	No Rebate
Maximum Out-of-Pocket	No Maximum OOP	\$3,400 In-Network (\$5,100 total)	\$3,400 In-Network (\$5,100 total)	\$3,400 In-Network (\$5,100 total)	\$3,000 In-Network (\$5,100 total)
Out of Network Benefits	Medicare assigned provider	PPO – covered at 30% for most services	PPO – covered at 30% for most services	PPO – covered at 30% for most services	PPO – covered at 30% for most services
PCP Office Visits	\$183 deductible/20% per visit	\$20 per visit (\$35 PCP OON)	\$10 per visit (\$35 PCP OON)	\$10 per visit (\$35 PCP OON)	\$10 per visit (\$25 PCP OON)
Specialist Office Visits	\$183 deductible/20% per visit	\$50 per visit (\$75)	\$50 per visit (\$75)	\$50 per visit (\$65)	\$40 per visit (\$65)
Inpatient Hospital	\$1,316 deductible/\$0 days 1-60/\$329 days 61-90	\$350 / 5 days (\$500+30%) per period*	\$325 / 5 days (\$500+30%) per period*	\$300/5 days (\$500+30%) per period*	\$275/6 days (\$500+30%) per period*
Skilled Nursing	\$0 days 1-20/\$164.50 days 21-100	\$20 days 1-20 / \$150 days 21-34 (30%)	\$20 days 1-20 / \$150 days 21-34 (30%)	\$20 days 1-20 / \$150 days 21-34 (30%)	\$20 days 1-20 / \$90 days 21-34 (30%)
Home Health Care	\$0 per visit	\$0 per visit	\$0 per visit	\$0 per visit	\$0 per visit
Emergency Room Care	20% per visit	\$80 per visit	\$80 per visit	\$80 per visit	\$75 per visit
Urgently Needed Care	20% per visit	\$30 / \$65 per visit	\$30 / \$65 per visit	\$25 / \$65 per visit	\$15 / \$35 per visit
Ambulance Services	20% per trip	\$250 per trip	\$250 per trip	\$200 per trip	\$200 per trip
Diagnostic and X-Ray	20% per test	\$80 / \$120 / \$160 per visit (30% OON)	\$80 / \$120 / \$160 per visit (30% OON)	\$70 / \$105 / \$140 per visit (30% OON)	\$50 / \$75 / \$100 per visit (30% OON)
Therapeutic Radiology	20% per visit	\$60 copayment	\$60 copayment	\$60 copayment	\$60 copayment
Routine Lab Services	\$0 per visit	\$0 per visit	\$0 per visit	\$0 per visit	\$0 per visit
Outpatient Hospital Services	20% per visit	\$350 per visit	\$325 per visit	\$300 per visit	\$275 per visit
Outpatient Rehab Services	20% per visit	\$25 per visit (30%)	\$25 per visit (30%)	\$20 per visit (30%)	\$15 per visit (30%)
Preventive Services	No copayment	No copayment	No copayment	No copayment	No copayment
Diabetic Supplies / Equipment	20% per supply	20% per supply	20% per supply	20% per supply	0% Part B in-network/10% per supply
Durable Medical Equipment	20% per supply	20% per item	20% per item	20% per item	10% per item
Chiropractic Services	20% per visit	\$20 per visit (\$40)	\$20 per visit (\$40)	\$20 per visit (\$40)	\$20 per visit (\$40)
Vision (Routine Coverage)	Not covered	\$25 per exam - \$150 allowance	\$25 per exam - \$150 allowance	\$25 per exam - \$150 allowance	\$25 per exam - \$150 allowance
Rx-Coverage in the Gap	Not covered	Not covered	Not covered	Not covered	Generic Drugs only \$3/\$12/\$0 (Tiers 1, 2, 6)
Rx-Deductible	Not covered	Not covered	No deductible	No deductible	No Deductible
Rx-Preferred Generic (1)	Not covered	Not covered	\$8 (30-day supply)	\$6 (30-day supply)	\$3 (30-day supply)
Rx-Non-Preferred Generic (2)	Not covered	Not covered	\$16 (30-day supply)	\$14 (30-day supply)	\$12 (30-day supply)
Rx-Preferred Brand (3)	Not covered	Not covered	\$47 (30-day supply)	\$47 (30-day supply)	\$47 (30-day supply)
Rx-Non-Preferred Brand (4)	Not covered	Not covered	\$100 (30-day supply)	\$100 (30-day supply)	\$100 (30-day supply)
Rx-Specialty (5)	Not covered	Not covered	33% coinsurance	33% coinsurance	33% coinsurance
Rx-Select Drug Tier (6)	Not covered	Not covered	\$4 (30-day supply)	\$3 (30-day supply)	\$0 (30-day supply)
Rx-90-Day Supply	Not covered	Not covered	2.5 times 30-day supply (2 times mail)	2.5 times 30-day supply (2 times mail)	2.5 times 30-day supply (2 times mail)
Hearing Exam	Not covered	\$45 per exam (yearly)	\$45 per exam (yearly)	\$45 per exam (yearly)	\$45 per exam (yearly)
Hearing Aid Coverage	Not covered	2 hearing aids per year; \$699 / \$999	2 hearing aids per year; \$699 / \$999	2 hearing aids per year; \$699 / \$999	2 hearing aids per year; \$699 / \$999
Dental Coverage	Not covered	Not covered	Not covered	Preventive Included	Preventive and Comprehensive Included
Fitness Benefit	Not covered	Not covered	Included	Included	Included

This is a partial list of benefits and should not be construed as a complete list. Please refer to the Evidence of Coverage for complete plan details. Senior Care Plus complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Senior Care Plus is a Medicare Advantage plan and a stand-alone Prescription Drug Plan with a Medicare contract. Enrollment in Senior Care Plus depends on contract renewal.



Hometown Health / Senior Care Plus Compliance Program

At Hometown Health, we promote ethical conduct and compliance with laws and regulations to guide all employees in their daily work. Our commitment is supported by the Renown Health Code of Conduct, a compliance program and a system of policies and procedures that enable our employees to operate efficiently within our culture of accountability.



Audit & Compliance

Hometown Health is dedicated to making a genuine difference in the health and well-being of the people and communities we serve. To accomplish our mission, Hometown Health maintains the highest ethical standards and complies with all governing laws and regulations in healthcare delivery. This commitment extends to our relationships with our employees, member, contractors and the community we serve.

Reporting a Concern

As part of our commitment to our values, Hometown Health provides numerous ways to report perceived or known compliance issues. We encourage anyone who is

aware of a violation of a law or believes they have observed suspicious behavior to report their concern without fear of retribution. The compliance reporting hotline is available 24 hours a day, seven days a week and managed by an external vendor.

To report a compliance concern: **Dial 1-800-611-5097**

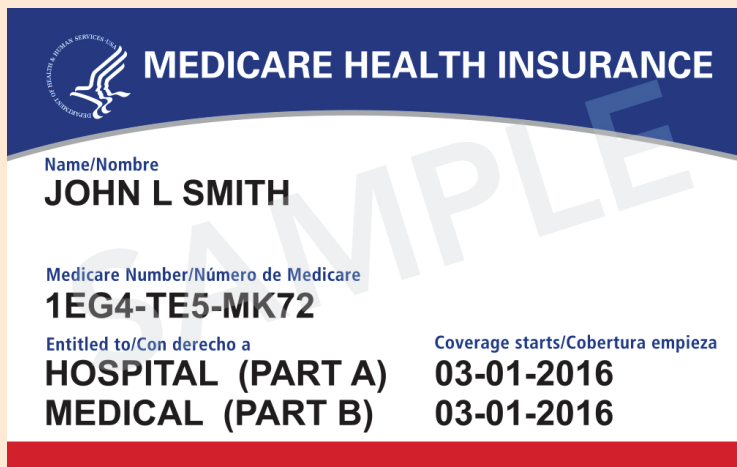
New Medicare Cards Are Coming!

Medicare will mail new Medicare cards between April 2018 and April 2019. Your new card will have a new Medicare Number that's unique to you, instead of your Social Security Number. This will help to protect your identity. See an example of the new Medicare card.

Things to know about your new Medicare card

- You don't need to take any action to get your new Medicare card.
- The new card won't change your Medicare coverage or benefits.
- There's no charge for your new card.

Remember, Medicare will never ask you to give them personal or private information to get your new Medicare number and card.





Volunteer Opportunities for Senior Care Plus Members

Senior Care Plus is looking for members interested in helping other Senior Care Plus members get the most out of their health plan.

Reno Volunteer Opportunities

Hometown Health and Senior Care Plus have moved into a brand new facility just south of Renown's South Meadows Hospital Campus.

As part of this move, there are now VOLUNTEER OPPORTUNITIES for Senior Care Plus members.

Volunteer duties include:

- Greeting Members and Prospective Members Upon Arrival
- Conversing with Members and Prospective Members to Determine Their Needs
- Guiding Members and Prospective Members Throughout the Building

If you like to meet and talk with people and make new friends, this may be the perfect Volunteer Opportunity for you.

Minimum commitment is 4 hours per week – you choose your schedule!

If interested, stop by Senior Care Plus and pick up an application from our front lobby.

Or Contact: Wendy Peukert
Volunteer Services Assistant
P: 775-982-7190
wpeukert@renown.org

Calling All Veterans!

Join Us on Veteran's Day for the Reno Veteran's Day Parade

Senior Care Plus would like to honor our veteran members in the Reno Veteran's Day parade.

If you are a Senior Care Plus member who has served in the United States Armed Forces, we would like for you to join us in downtown Reno on November 11 for the Reno Veteran's Day Parade.

If interested, please call Senior Care Plus Special Events Coordinator, Jules Ackerson, at 775-982-3615.



HONORING ALL WHO SERVED

Veterans Day

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This information is available for free in other languages. Please call Customer Service at 775-982-3112 or toll-free at 888-775-7003. TTY users should call the State Relay Service at 711. Hours are 8 am to 8 pm Monday through Sunday (October 15, 2017 – February 14, 2018) and 8 am to 5 pm Monday through Friday (February 15, 2018 – October 14, 2018).

Esta información está disponible gratuitamente en otros idiomas. Por favor llame a nuestro servicio al cliente al 775-982-3112 o al número gratuito al 888-775-7003. Los usuarios de TTY deben llamar al Servicio de Retransmisión del Estado al 711. Los horarios son de 8:00 a 20:00 de lunes a domingo (del 15 de octubre al 14 de febrero) y 8:00 a 17:00 de lunes a viernes (del 15 de febrero al 14 de octubre).



**A Publication for
Hometown Health's
Senior Care Plus
Members**

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Plus** 

A Medicare Advantage Plan from Hometown Health.
10315 Professional Circle
Reno, NV 89521

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- Open Enrollment Meeting Schedule

Open Enrollment Meeting Schedule October 16 Through December 7

Visit SeniorCarePlus.com to view the full meeting schedule and reserve your seat!

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**Note Our New Location!
10315 Professional Circle, Reno**

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See inside for three easy ways to select your 2018 benefit plan!