# INTRODUCTION TO SUMMARY OF BENEFITS

#### January 1, 2019 - December 31, 2019

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

#### You have choices about how to get your Medicare benefits

One choice is to get your Medicare benefits through Original Medicare (fee-for-service Medicare). Original Medicare is run directly by the Federal government.

Another choice is to get your Medicare benefits by joining a Medicare health plan such as a **Senior Care Plus Freedom PPO Plan:** 

- Freedom Basic-008 (PPO)
- Freedom Rx-007 (PPO)
- Freedom Rx Enhanced-006 (PPO)
- Freedom Rx Select-005 (PPO)

#### Tips for comparing your Medicare choices

This Summary of Benefits booklet gives you a summary of what Senior Care Plus: Freedom Basic-008 (PPO), Freedom Rx-007 (PPO), Freedom Rx Enhanced-006 (PPO), or Freedom Rx Select-005 (PPO) covers and what you pay.

If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on http://www.medicare.gov.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at <a href="http://www.medicare.gov">http://www.medicare.gov</a> or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Sections in this booklet

- Things to Know About Senior Care Plus: Freedom Basic-008 (PPO), Freedom Rx-007 (PPO), Freedom Rx Enhanced-006 (PPO), and Freedom Rx Select-005 (PPO)
- Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services
- Covered Medical and Hospital Benefits
- Prescription Drug Benefit

This document is available in other formats such as Braille and large print.

ATTENTION: If you speak Spanish, language assistance services, free of charge, are available to you. Call 1-888-775-7003 7003 (TTY users should call 711 – State Relay Service), Monday through Sunday,

7 am to 8 pm (PST), or you may visit <u>www.SeniorCarePlus.com.</u> We will be closed on all federal holidays except New Year's Day.

Este documento puede estar disponible en un idioma que no sea inglés. Para obtener información adicional, llame al número gratuito 888-775-7003 o 775-982-3112 (TTY 711).

# Things to Know About Senior Care Plus: Freedom Basic-008 (PPO), Freedom Rx-007 (PPO), Freedom Rx Enhanced-006 (PPO), and Freedom Rx Select-005 (PPO)

#### **Customer Service Hours of Operation**

You can call us 7 days a week from 7:00 a.m. to 8:00 p.m. Pacific Time. We will be closed on all federal holidays except New Year's Day. TTY users should call 711.

#### Senior Care Plus Phone Numbers and Website

If you are a member of this plan, please call toll-free 888-775-7003 or 775-982-3112 (TTY 711). If you are not a member of this plan, please call toll-free 888-775-7003 or 775-982-3158 (TTY 711). You may also visit our website (<a href="www.SeniorCarePlus.com">www.SeniorCarePlus.com</a>) for more information.

#### Who can join?

To join Senior Care Plus: Freedom Basic-008 (PPO), Freedom Rx-007 (PPO), Freedom Rx Enhanced-006 (PPO), or Freedom Rx Select-005 (PPO), you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area.

Our service area includes the following counties in Nevada: Churchill, Douglas, Lyon, and Storey counties.

#### Which doctors, hospitals, and pharmacies can I use?

Senior Care Plus: Freedom Basic-008 (PPO), Freedom Rx-007 (PPO), Freedom Rx Enhanced-006 (PPO), and Freedom Rx Select-005 (PPO) has a network of doctors, hospitals, pharmacies, and other providers. If you use the providers in our network, you may pay less for your covered services. But if you want to, you can also use providers that are not in our network. You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. You can see our plan's provider and pharmacy directory at our website (<a href="www.SeniorCarePlus.com">www.SeniorCarePlus.com</a>). Or, call us and we will send you a copy of the *Provider and Pharmacy Directory*.

#### What do we cover?

Like all Medicare health plans, we cover everything that Original Medicare covers - and *more*.

Our plan members get *all* of the benefits covered by Original Medicare. For some of these benefits, you may pay more in our plan than you would in Original Medicare. For others, you may pay less.

Our plan members also get *more than what is* covered by Original Medicare. Some of the extra benefits are outlined in this booklet.

**Senior Care Plus: Freedom Basic Plan** covers Part B drugs including chemotherapy and some drugs administered by your provider. However, this plan does **not** cover Part D prescription drugs.

Senior Care Plus: Freedom Rx, Freedom Rx Enhanced and Freedom Rx Select Plans cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider.

You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website: <a href="www.SeniorCarePlus.com">www.SeniorCarePlus.com</a>. You can also call us and we will send you a copy of the formulary.

#### How will I determine how much my drug costs?

Our plan groups each medication into one of six "tiers." You will need to use your formulary to locate which tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug's tier and what stage of the benefit you have reached. Later in this document we discuss the benefit stages that occur: Initial Coverage, Coverage Gap, and Catastrophic Coverage.

		SUMMARY OF BENEFITS			
	January 1, 2019 - December 31, 2019				
MONTHLY PR	EMIUM, DEDUCTIBLE, A	ND LIMITS ON HOW MUC		RED SERVICES	
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)	
Monthly Plan Premium	\$0 per month. In addition, you must keep paying your Medicare Part B premium.	\$55 per month. In addition, you must keep paying your Medicare Part B premium.	\$130 per month. In addition, you must keep paying your Medicare Part B premium.	\$220 per month. In addition, you must keep paying your Medicare Part B premium.	
Medicare Part B Premium Rebate	Senior Care Plus will reduce your Medicare Part B premium by up to \$20.	This plan does not offer a Part B rebate.	This plan does not offer a Part B rebate.	This plan does not offer a Part B rebate.	
Deductible	This plan does not have a deductible.	This plan does not have a deductible.	This plan does not have a deductible.	This plan does not have a deductible.	
Maximum Out-of-Pocket Responsibility (does not include prescription drugs)	<ul> <li>Your yearly limit(s) in this plan:</li> <li>\$3,400 for services you receive from innetwork providers.</li> <li>\$5,100 for services you receive from out-of-network providers.</li> <li>\$5,100 for services you receive from any provider. Your limit for services received from in-network and out-of-network providers will count toward this limit.</li> </ul>	<ul> <li>Your yearly limit(s) in this plan:</li> <li>\$3,400 for services you receive from innetwork providers.</li> <li>\$5,100 for services you receive from outof-network providers.</li> <li>\$5,100 for services you receive from any provider. Your limit for services received from in-network and out-of-network providers will count toward this limit.</li> </ul>	<ul> <li>Your yearly limit(s) in this plan:</li> <li>\$3,400 for services you receive from innetwork providers.</li> <li>\$5,100 for services you receive from outof-network providers.</li> <li>\$5,100 for services you receive from any provider. Your limit for services received from in-network and out-of-network providers will count toward this limit.</li> </ul>	<ul> <li>Your yearly limit(s) in this plan:</li> <li>\$3,000 for services you receive from innetwork providers.</li> <li>\$5,100 for services you receive from out-of-network providers.</li> <li>\$5,100 for services you receive from any provider. Your limit for services received from in-network and out-of-network providers will count toward this limit.</li> </ul>	
COVERED MEDICAL AN	ND HOSPITAL BENEFITS				

Material ID: Y0039\_2019\_H2906\_SummaryBenefits\_M

Services with a <sup>1</sup> may require prior authorization. Services with a <sup>2</sup> may require a referral from your doctor.

MONTHI V DI	MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES				
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)	
Inpatient Hospital Coverage <sup>1,2</sup>	<ul> <li>In-network:</li> <li>\$375 copay per day for days 1 through 5</li> <li>You pay nothing per day for days 6 through 90</li> </ul>	<ul> <li>In-network:</li> <li>\$350 copay per day for days 1 through 5</li> <li>You pay nothing per day for days 6 through 90</li> </ul>	<ul> <li>In-network:</li> <li>\$325 copay per day for days 1 through 5</li> <li>You pay nothing per day for days 6 through 90</li> </ul>	<ul> <li>In-network:</li> <li>\$275 copay per day for days 1 through 6</li> <li>You pay nothing per day for days 7 through 90</li> </ul>	
	Out-of-network:  • \$500 copay or 30% of the cost per stay, depending on the service	Out-of-network:  • \$500 copay or 30% of the cost per stay, depending on the service	Out-of-network:  • \$500 copay or 30% of the cost per stay, depending on the service	Out-of-network:  • \$500 copay or 30% of the cost per stay, depending on the service	
	Our plan covers an unlimited number of days for an inpatient hospital stay.	Our plan covers an unlimited number of days for an inpatient hospital stay.	Our plan covers an unlimited number of days for an inpatient hospital stay.	Our plan covers an unlimited number of days for an inpatient hospital stay.	
Outpatient Hospital	In-Network: \$375 copay  Out-of-network: 30% coinsurance	In-Network: \$350 copay  Out-of-network: 30% coinsurance	In-Network: \$325 copay  Out-of-network: 30% coinsurance	In-Network: \$275 copay  Out-of-network: 30% coinsurance	
Doctor Visits O Primary Care	In-network: \$20 copay for visits to innetwork primary care physicians.  Out-of-network: \$35 copay	In-network: \$20 copay for visits to innetwork primary care physicians.  Out-of-network: \$35 copay	In-network: \$15 copay for visits to innetwork primary care physicians.  Out-of-network: \$35 copay	In-network: \$10 copay for visits to all other in-network primary care physicians.  Out-of-network: \$25 copay	
o Specialists	In-network: \$50 copay	In-network \$50 copay	In-network: \$50 copay	In-network: \$40 copay	

MONTHLY P	REMIUM, DEDUCTIBLE, A	ND LIMITS ON HOW MU		RED SERVICES
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)
	Out-of-network: \$75 copay	Out-of-network: \$75 copay	Out-of-network: \$65 copay	Out-of-network: \$65 copay
Preventative Care	In-network:	In-network:	In-network:	In-network:
	You pay nothing	You pay nothing	You pay nothing	You pay nothing
	Out-of-network: 30% of the cost			
	Any additional preventive	Any additional preventive	Any additional preventive	Any additional preventive
	services approved by	services approved by	services approved by	services approved by
	Medicare during the	Medicare during the	Medicare during the	Medicare during the
	contract year will be			
	covered.	covered.	covered.	covered.
Emergency Care	<b>\$120</b> copay	<b>\$120</b> copay	<b>\$120</b> copay	<b>\$120</b> copay
	If you are immediately admitted to the hospital,	If you are immediately admitted to the hospital,	If you are immediately admitted to the hospital,	If you are immediately admitted to the hospital,
	you do not have to pay			
	your share of the cost for			
	emergency care. See	emergency care.	emergency care.	emergency care.
	"Inpatient Hospital	See "Inpatient Hospital	See "Inpatient Hospital	See "Inpatient Hospital
	Coverage" section of this			
	booklet for other costs.			
Urgently Needed Services	\$30-\$65 copay, depending	<b>\$30-\$65</b> copay, depending	\$25-\$65 copay, depending	\$15-\$35 copay, depending
	on the service	on the service	on the service	on the service
	If you are immediately			
	admitted to the hospital,			
	you do not have to pay			
	your share of the cost for			
	urgently needed services.	urgently needed services.	urgently needed services.	urgently needed services.

MONTHLY PR		ND LIMITS ON HOW MU		RED SERVICES
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)
	See "Inpatient Hospital Coverage" section of this			
	booklet for other costs.			
Diagnostic	Costs for these services			
Services/Labs/Imaging <sup>1,2</sup>	may vary based on place of service.			
<ul> <li>Diagnostic</li> </ul>	In-network:	In-network:	In-network:	In-network:
radiology services	<b>\$140-\$180</b> copay,	<b>\$140-\$180</b> copay,	<b>\$125-\$160</b> copay,	<b>\$75-\$100</b> copay,
(e.g., MRI)	depending on the service			
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost			
<ul> <li>Lab Services</li> </ul>	In-network:	In-network:	In-network:	In-network:
	<b>\$0-\$130</b> copay, depending	<b>\$0-\$130</b> copay, depending	<b>\$0-\$120</b> copay, depending	<b>\$0-\$80</b> copay, depending
	on the service	on the service	on the service	on the service
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost			
<ul> <li>Diagnostic Tests &amp;</li> </ul>	In-network:	In-network:	In-network:	In-network:
Procedures	<b>\$0-\$375</b> copay, depending	<b>\$0-\$350</b> copay, depending	<b>\$0-\$325</b> copay, depending	<b>\$0-\$275</b> copay, depending
	on the service	on the service	on the service	on the service
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost			
<ul> <li>Outpatient X-Rays</li> </ul>	In-network:	In-network:	In-network:	In-network:
	<b>\$100</b> copay	<b>\$100</b> copay	<b>\$90</b> copay	<b>\$50</b> copay
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost			

January 1, 2019 - December 31, 2019  MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES				
MONTHLY PR	EMIUM, DEDUCTIBLE,	AND LIMITS ON HOW M		RED SERVICES
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)
<ul> <li>Therapeutic</li> </ul>	In-network:	In-network:	In-network:	In-network:
Radiology Services (e.g., radiation	<b>\$60</b> copay	<b>\$60</b> copay	<b>\$60</b> copay	<b>\$60</b> copay
treatment for	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
cancer)	30% of the cost	30% of the cost	30% of the cost	30% of the cost
Hearing Services	In-network:	In-network:	In-network:	In-network:
<ul><li>Routine Hearing Exam</li></ul>	\$45 copay	<b>\$45</b> copay	<b>\$45</b> copay	<b>\$45</b> copay
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	\$45 copay	\$45 copay	\$45 copay	<b>\$45</b> copay
	Limited to 1 routine	Limited to 1 routine	Limited to 1 routine	Limited to 1 routine
	hearing exam per year.	hearing exam per year.	hearing exam per year.	hearing exam per year.
	Must see TruHearing	Must see TruHearing	Must see TruHearing	Must see TruHearing
	provider to use benefit.	provider to use benefit.	provider to use benefit.	provider to use benefit.
<ul> <li>Diagnostic Hearing</li> </ul>	In-network:	In-network:	In-network:	In-network:
Exam	\$50 copayment for	\$50 copayment for	\$50 copayment for	\$40 copayment for
	Medicare-covered	Medicare-covered	Medicare-covered	Medicare-covered
	diagnostic hearing and	diagnostic hearing and	diagnostic hearing and	diagnostic hearing and
	balance exams when	balance exams when	balance exams when	balance exams when
	medically necessary.	medically necessary.	medically necessary.	medically necessary.
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% coinsurance for	30% coinsurance for	30% coinsurance for	30% coinsurance for
	Medicare-covered	Medicare-covered	Medicare-covered	Medicare-covered
	diagnostic hearing and	diagnostic hearing and	diagnostic hearing and	diagnostic hearing and
	balance exams when	balance exams when	balance exams when	balance exams when
	medically necessary.	medically necessary.	medically necessary.	medically necessary.

		uary 1, 2019 - December 31, 2		
MONTHLY PR	EMIUM, DEDUCTIBLE, A	ND LIMITS ON HOW MUC	CH YOU PAY FOR COVER	ED SERVICES
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)
<ul> <li>Hearing Aids (Max</li> </ul>	Advanced:	Advanced:	Advanced:	Advanced:
2 aids every year	\$699 copay per aid			
(one per ear per				
year); Benefit is	Premium:	Premium:	Premium:	Premium:
limited to the	\$999 copay per aid			
TruHearing				
Advanced and	Hearing aid purchases	Hearing aid purchases	Hearing aid purchases	Hearing aid purchases
Premium hearing	includes:	includes:	includes:	includes:
aids)	3 provider visits within first			
	year of hearing aid			
	purchase; 45 day trial			
	period; 3 year extended			
	warranty;	warranty;	warranty;	warranty;
	48 batteries per aid			
	You must see a			
	TruHearing provider to	TruHearing provider to	TruHearing provider to	TruHearing provider to
	use this benefit.	use this benefit.	use this benefit.	use this benefit.
	Call 1-844-341-9611 to	Call 1-844-341-9611 to	Call 1-844-341-9611 to	Call 1-844-341-9611 to
	schedule an appointment.	schedule an appointment.	schedule an appointment.	schedule an appointment.
Dental Services	In-network:	In-network:	In-network:	In-network:
<ul><li>Medicare Covered</li><li>Services</li></ul>	<b>\$50</b> copay	<b>\$50</b> copay	<b>\$50</b> copay	<b>\$40</b> copay
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost			
	This does <b>not</b> include			
	services in connection	services in connection	services in connection	services in connection
	with care, treatment,	with care, treatment,	with care, treatment,	with care, treatment,

January 1, 2019 - December 31, 2019						
MONTHLY PR	MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES					
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)		
o Preventive Dental Services (includes 2 cleanings, 2 exams, and 2 sets of bite- wing x-rays per year)	filling, removal, or replacement of teeth.  Preventive dental is not included in this plan.	filling, removal, or replacement of teeth.  Preventive dental is not included in this plan.	filling, removal, or replacement of teeth.  In-network: You pay nothing  Out-of-network: You pay nothing  Non-preferred ("out-of-network") dental providers may "balance bill" for services above the	filling, removal, or replacement of teeth.  Comprehensive Dental services are included (please see below).		
O Comprehensive Dental Services (includes preventive dental services, and coverage for basic, major, and restorative services)	Comprehensive Dental Services are not included in this plan.	Comprehensive Dental Services are not included in this plan.	maximum allowed amount.  Comprehensive Dental Services are not included in this plan.	In-Network & Out-of-Network: There is no copay for preventive dental services.  30% coinsurance for the following services: oral surgery, general anesthesia, endodontics, periodontics, palliative, basic restorative and special consultations.  50% coinsurance for the following services: crowns, inlays/onlays,		

MONTHLY PI		AND LIMITS ON HOW MU		RED SERVICES
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)
				prosthodontics, major restorative, and denture repairs.
				Non-preferred ("out-of- network") dental providers may "balance bill" for services above the maximum allowed amount.
Vision Services <sup>1</sup> o Medicare Covered Services	In-Network: \$20 copay	In-Network: \$20 copay	In-Network: \$20 copay	In-Network: \$20 copay
(1 yearly eye exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening))	Out-of-Network: 30% of the cost			
o Routine Vision (Limited to 1	In-Network: \$25 copay	In-Network: \$25 copay	In-Network: \$25 copay	In-Network: \$25 copay
routine eye exam per year)	Out-of-Network: \$25 copay	Out-of-Network: \$25 copay	Out-of-Network: \$25 copay	Out-of-Network: \$25 copay
	Includes \$150 yearly allowance for full set of	Includes \$150 yearly allowance for full set of	Includes \$150 yearly allowance for full set of	Includes \$150 yearly allowance for full set of

MONTHLY PI	REMIUM, DEDUCTIBLE, A	ND LIMITS ON HOW MU		RED SERVICES
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)
	eyeglasses or contact	eyeglasses or contact	eyeglasses or contact	eyeglasses or contact
	lenses.	lenses.	lenses.	lenses.
Mental Health Services	In-network:	In-network:	In-network:	In-network:
<ul> <li>Inpatient visit</li> </ul>	\$375 copay per day for	\$350 copay per day for	\$325 copay per day for	\$275 copay per day for
	days 1 through 5. You pay	days 1 through 5. You pay	days 1 through 5. You pay	days 1 through 6. You pay
	nothing per day for days 6	nothing per day for days 6	nothing per day for days 6	nothing per day for days 7
	through 90.	through 90.	through 90.	through 90.
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	\$500 copay or 30% of the	<b>\$500</b> copay or <b>30%</b> of the	\$500 copay or 30% of the	\$500 copay or 30% of the
	cost per stay, depending	cost per stay, depending	cost per stay, depending	cost per stay, depending
	on the service	on the service	on the service	on the service
<ul> <li>Outpatient group</li> </ul>	In-network:	In-network:	In-network:	In-network:
therapy visit	<b>\$40</b> copay	<b>\$40</b> copay	<b>\$40</b> copay	<b>\$40</b> copay
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	<b>\$75</b> copay	<b>\$75</b> copay	<b>\$65</b> copay	<b>\$65</b> copay
<ul> <li>Outpatient</li> </ul>	In-network:	In-network:	In-network:	In-network:
individual therapy visit	<b>\$40</b> copay	<b>\$40</b> copay	<b>\$40</b> copay	<b>\$40</b> copay
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	<b>\$75</b> copay	<b>\$75</b> copay	<b>\$65</b> copay	<b>\$65</b> copay
Skilled Nursing Facility	In-network:	In-network:	In-network:	In-network:
(SNF)	\$20 copay per day for	\$20 copay per day for	\$20 copay per day for	\$20 copay per day for
	days 1 through 20; <b>\$150</b>	days 1 through 20; <b>\$150</b>	days 1 through 20; <b>\$150</b>	days 1 through 20; <b>\$90</b>
	copay per day for days 21	copay per day for days 21	copay per day for days 21	copay per day for days 21
	through 34.	through 34.	through 34.	through 34.
	You pay nothing per day	You pay nothing per day	You pay nothing per day	You pay nothing per day
	for days 35 through 100.	for days 35 through 100.	for days 35 through 100.	for days 35 through 100.

		anuary 1, 2019 - December 31,	•	
MONTHLY P	REMIUM, DEDUCTIBLE,	AND LIMITS ON HOW MU		RED SERVICES
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost per stay	30% of the cost per stay	30% of the cost per stay	30% of the cost per stay
Outpatient Rehabilitation	In-network:	In-network:	In-network:	In-network:
Services	\$15 copay	\$15 copay	<b>\$15</b> copay	<b>\$15</b> copay
o Cardiac Rehab	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost	30% of the cost	30% of the cost	30% of the cost
<ul> <li>Occupational</li> </ul>	In-network:	In-network:	In-network:	In-network:
Therapy	<b>\$25</b> copay	<b>\$25</b> copay	<b>\$20</b> copay	\$15 copay
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost	30% of the cost	30% of the cost	30% of the cost
<ul> <li>Physical therapy</li> </ul>	In-network:	In-network:	In-network:	In-network:
and speech- language therapy	<b>\$25</b> copay	<b>\$25</b> copay	<b>\$20</b> copay	\$15 copay
language merapy	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost	30% of the cost	30% of the cost	30% of the cost
Ambulance	In-network:	In-network:	In-network:	In-network:
	<b>\$250</b> copay	<b>\$250</b> copay	<b>\$200</b> copay	<b>\$200</b> copay
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost	30% of the cost	30% of the cost	30% of the cost
Transportation <sup>1,2</sup>	In-network:	In-network:	In-network:	In-network:
	You pay nothing	You pay nothing	You pay nothing	You pay nothing
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	You pay nothing	You pay nothing	You pay nothing	You pay nothing

January 1, 2019 - December 31, 2019  MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES				
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)
Foot Care (podiatry	In-network:	In-network:	In-network:	In-network:
services)	<b>\$50</b> copay	<b>\$50</b> copay	<b>\$50</b> copay	<b>\$40</b> copay
o Foot exams and				
treatment if you	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
have diabetes-	<b>\$75</b> copay	<b>\$75</b> copay	<b>\$65</b> copay	<b>\$65</b> copay
related nerve				
damage and/or meet certain conditions				
Medical Medical	In-network:	In-network:	In-network:	In-network:
Equipment/Supplies	20% of the cost	20% of the cost	20% of the cost	10% of the cost
O Durable Medical				
Equipment <sup>1</sup> (e.g.,	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
wheelchairs,	30% of the cost			
oxygen)				
	If you go to a preferred			
	vendor, your cost may be			
	less. Contact us for a list			
	of preferred vendors.	of preferred vendors.	of preferred vendors.	of preferred vendors.
o Diabetes	In-network:	In-network:	In-network:	In-network:
Monitoring	<b>0-20%</b> of the cost,	<b>0-20%</b> of the cost,	<b>0-20%</b> of the cost,	<b>0-10%</b> of the cost,
Supplies	depending on the supply			
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost			
o Diabetes self-	In-network:	In-network:	In-network:	In-network:
management	You pay nothing	You pay nothing	You pay nothing	You pay nothing
training				
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:

January 1, 2019 - December 31, 2019  MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES				
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)
	30% of the cost			
<ul> <li>Therapeutic Shoes</li> </ul>	In-network:	In-network:	In-network:	In-network:
or Inserts	20% of the cost	20% of the cost	20% of the cost	10% of the cost
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost			
<ul> <li>Prosthetic Devices</li> </ul>	In-network:	In-network:	In-network:	In-network:
(braces, artificial limbs, etc.) <sup>1</sup>	20% of the cost	20% of the cost	20% of the cost	10% of the cost
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:
	30% of the cost	30% of the cost	30% of the cost	<b>30%</b> of the cost
Wellness Programs	In-Network:	In-Network:	In-Network:	In-Network:
<ul> <li>Health Education</li> </ul>	There is no coinsurance,			
and Wellness	copayment, or deductible	copayment, or deductible	copayment, or deductible	copayment, or deductible
	for Medicare-covered	for Medicare-covered	for Medicare-covered	for Medicare-covered
	health and wellness	health and wellness	health and wellness	health and wellness
	programs.	programs.	programs.	programs.
	These are programs	These are programs	These are programs	These are programs
	focused on health	focused on health	focused on health	focused on health
	conditions such as high			
	blood pressure, cholesterol,	blood pressure, cholesterol,	blood pressure, cholesterol,	blood pressure, cholesterol,
	asthma, special diets, and			
	smoking cessation.	smoking cessation.	smoking cessation.	smoking cessation.
	Programs designed to	Programs designed to	Programs designed to	Programs designed to
	enrich the health and			
	lifestyles of members	lifestyles of members	lifestyles of members	lifestyles of members
	include weight	include weight	include weight	include weight
	management, and stress	management, and stress	management, and stress	management, and stress

January 1, 2019 - December 31, 2019									
MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES									
Premiums and Benefits	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Rx Select (PPO)					
	management. In addition	management. In addition	management. In addition	management. In addition					
	you will have access to the	you will have access to the	you will have access to the	you will have access to the					
	Hometown Health Hotline.	Hometown Health Hotline.	Hometown Health Hotline.	Hometown Health Hotline.					
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:					
	30% coinsurance for	30% coinsurance for	<b>30%</b> coinsurance for	30% coinsurance for					
	Medicare-covered health	Medicare-covered health	Medicare-covered health	Medicare-covered health					
	and wellness programs.	and wellness programs.	and wellness programs.	and wellness programs.					
o Fitness	Fitness benefit is <u>not</u>	Senior Care Plus offers a	Senior Care Plus offers a	Senior Care Plus offers a					
	included in this plan.	gym membership at select	gym membership at select	gym membership at select					
		gym facilities in our service	gym facilities in our service	gym facilities in our service					
		area for active members area for active members		area for active members					
				enrolled in the Freedom Rx					
			Plan. Enhanced Plan.						
			Please visit Please visit						
		SeniorCarePlus.com for	SeniorCarePlus.com for	SeniorCarePlus.com for					
		information on signing up	information on signing up	information on signing up					
		for this benefit or contact	for this benefit or contact	for this benefit or contact					
		Customer Service at 775-	Customer Service at 775-	Customer Service at 775-					
		982-3112. Participating	982-3112. Participating	982-3112. Participating					
		facilities may change	facilities may change	facilities may change					
		throughout the plan year.	throughout the plan year.	throughout the plan year.					
Medicare Part B Drugs	In-network:	In-network:	In-network:	In-network:					
o Chemotherapy	20% of the cost	20% of the cost	20% of the cost	20% of the cost					
Drugs <sup>1</sup>									
	Out-of-network:	Out-of-network:	Out-of-network:	Out-of-network:					
	30% of the cost	30% of the cost	30% of the cost	30% of the cost					
o Other Part B Drugs <sup>1</sup>	In-network:	In-network:	In-network:	In-network:					

SUMMARY OF BENEFITS										
	January 1, 2019 - December 31, 2019									
MONTHLY PR	MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES									
Premiums and Benefits	Freedom Basic (PPO)  Freedom Rx (PPO)  Freedom Rx Enhanced (PPO)  Freedom Rx Select (PPO)									
	20% of the cost		20% of the cost	20% of the cost						
	Out-of-network: 30% of the cost	Out-of-network: 30% of the cost	Out-of-network: 30% of the cost	Out-of-network: 30% of the cost						

			PR	RESCRIPTION	ON DRUG (	COVERA	GE				
				SUMMA	RY OF BEN	EFITS					
			J	January 1, 20	19 - Decemb	er 31, $2\overline{01}$	9				
	Freedom Basic (PPO)	Free	dom Rx (P	PO)	Freedom Rx Enhanced (PPO)			Freedom Select (PPO)			
Deductible	No deductible	You pay a \$	8250 deduc	<b>etible</b> for	You pay a \$	8175 dedu	<b>ctible</b> for	No deductib	le		
		Tiers 3, 4, a	nd 5.		Tiers 3, 4, a	nd 5.					
Initial	Our plan does	You pay the	efollowing	until your	You pay the	e following	g until	You pay the	following until	your total yearly	
Coverage	not cover Part	total yearly	drug costs	reach	your total y	early drug	costs	drug costs re	each <b>\$3,820</b> . To	otal yearly drug	
	D prescription	<b>\$3,820</b> . Tot	al yearly di	rug costs	reach \$3,82	0. Total y	early	costs are the	total drug cost	otal drug costs paid by both	
	drugs.	are the total	drug costs	paid by	drug costs a	re the tota	ıl drug	you and our Part D plan.			
		both you an	d our Part l	D plan.	costs paid b	y both you	and our				
					Part D plan.						
		Standard	<b>Retail Cos</b>	t-Sharing	Standar	rd Retail	Cost-	Standard Retail Cost-Sharing			
					S	Sharing					
		Tier	30-day	90-day	Tier	30-	90-day	Tier	30-day	90-day supply	
			supply	supply		day	supply		supply		
						suppl					
						y					
		Tier 1	\$8	<b>\$20</b> copay	Tier 1	\$6	\$15	Tier 1	\$3 copay	<b>\$7.50</b> copay	
		(Preferred	copay		(Preferred	copay	copay	(Preferred			
		Generic)			Generic)			Generic)			

# PRESCRIPTION DRUG COVERAGE **SUMMARY OF BENEFITS**

January 1, 2019 - December 31, 2019											
	Freedom Basic (PPO)	Freedom Rx (PPO)			Freedom Rx Enhanced (PPO)			Freedom Select (PPO)			
		Tier 2	<b>\$16</b>	<b>\$40</b> copay	Tier 2	\$14	\$35	Tier 2	<b>\$12</b> copay	<b>\$30</b> copay	
		(Non-	copay		(Non-	copay	copay	(Non-			
		Preferred			Preferred			Preferred			
		Generic)			Generic)			Generic)			
		Tier 3	<b>\$47</b>	\$117.50	Tier 3	\$47	\$117.50	Tier 3	<b>\$47</b> copay	<b>\$117.50</b> copay	
		(Preferred	copay	copay	(Preferred	copay	copay	(Preferred			
		Brand)			Brand)			Brand)			
		Tier 4	<b>\$100</b>	\$250	Tier 4	\$100	\$250	Tier 4	<b>\$100</b> copay	<b>\$250</b> copay	
		(Non-	copay	copay	(Non-	copay	copay	(Non-			
		Preferred			Preferred			Preferred			
		Brand)			Brand)			Brand)			
		Tier 5	<b>28%</b> o	of <b>28%</b> of	Tier 5	<b>29%</b> of	<b>29%</b> of	Tier 5	<b>33%</b> of the	33% of the cost	
		(Specialty	the cos	st the cost	(Specialty	the cost	the cost	(Specialty	cost		
		Tier)			Tier)			Tier)			
		Tier 6	<b>\$4</b>	<b>\$10</b> copay	Tier 6	\$3	\$7.50	Tier 6	<b>\$0</b> copay	<b>\$0</b> copay	
		(Select	copay		(Select	copay	copay	(Select			
		Care Tier)			Care Tier)			Care Tier)			
		Standard M	<b>Iail Or</b>	der Cost-		Mail Ord	Order Cost- Standard Mail Order Cos			st-Sharing	
		Sharing			Sharing						
		Tier		<b>90-day</b>	Tier		-day	Tier		90-day supply	
				supply			pply				
		Tier 1 (Preferred \$16 or		<b>\$16</b> copay	Tier 1	\$1	2 copay	Tier 1 (Preferred Generic)		<b>\$6</b> copay	
		Generic)	eneric)		(Preferred						
					Generic)						
		Tier 2 (Non- \$32		<b>\$32</b> copay	Tier 2 (Non	- \$2	8 copay	Tier 2 (Non-	-Preferred	<b>\$24</b> copay	
		Preferred			Preferred		Generic)				
		Generic)			Generic)						

# PRESCRIPTION DRUG COVERAGE **SUMMARY OF BENEFITS**

January 1, 2019 - December 31, 2019										
	Freedom Basic (PPO)	Freedom R	x (PPO)	Freedom Rx (PPC		Freedom Select (PPO)				
	Tier 3 (Preferred Brand)		Preferred \$94 copay Tie (Pro Bra		<b>\$94</b> copay	Tier 3 (Preferred Brand)	<b>\$94</b> copay			
		Tier 4 (Non- Preferred Brand)	<b>\$200</b> copay	Tier 4 (Non- Preferred Brand) \$200 copay		Tier 4 (Non-Preferred Brand)	<b>\$200</b> copay			
		Tier 5 (Specialty Tier)	28% of the cost	Tier 5 29% of the (Specialty Tier) cost	Tier 5 (Specialty Tier)	33% of the cost				
		Tier 6 (Select Care Tier)	\$8 copay	Tier 6 (Select Care Tier)	<b>\$6</b> copay	Tier 6 (Select Care Tier)	\$0 copay			
		If you reside in a l facility, you pay th retail pharmacy.  You may get drug of-network pharmacost as an in-network	s from an out-	If you reside in a care facility, you same as at a reta  You may get dru out-of-network p the same cost as network pharma	i pay the il pharmacy.  Igs from an oharmacy at an in-	If you reside in a long-term care facility, you pay the same as at a retail pharmacy.  You may get drugs from an out-of-network pharmacy at the same cost as an in-network pharmacy.				
Coverage Gap		Most Medicare dry coverage gap (also "donut hole"). This there's a temporary what you will pay The coverage gap the total yearly dry (including what our and what you have \$3,820.	o called the s means that y change in for your drugs. begins after ag cost ar plan has paid	Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means that there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$3,820.		Most Medicare drug plans gap (also called the "donut means that there's a tempo what you will pay for your coverage gap begins after drug cost (including what and what you have paid) re	hole"). This rary change in drugs. The the total yearly our plan has paid			

# PRESCRIPTION DRUG COVERAGE SUMMARY OF BENEFITS

January 1, 2019 - December 31, 2019										
	Freedom Basic (PPO)	Freedom Rx (PPO)	Freedom Rx Enhanced (PPO)	Freedom Select (PPO)						
		After you enter the coverage gap,	After you enter the coverage	After you enter the coverage gap, you pay						
		you pay 30% of the plan's cost	gap, you pay 30% of the	30% of the plan's cost for covered brand						
		for covered brand name drugs	plan's cost for covered brand	name drugs and 37% of the plan's cost for						
		and 37% of the plan's cost for	name drugs and 37% of the	covered generic drugs until your costs total						
		covered generic drugs until your	plan's cost for covered generic	<b>\$5,100</b> , whic			C			
		costs total <b>\$5,100</b> , which is the	drugs until your costs total	gap. Not ever	ryone will e	enter the	coverage			
		end of the coverage gap. Not	<b>\$5,100</b> , which is the end of	gap.						
		everyone will enter the coverage	the coverage gap. Not	Under this pl						
		gap.	everyone will enter the	the brand and						
			coverage gap.	formulary. Your cost varies by tier. You will need to use your formulary to locate						
				your drug's tier. See the chart that follows to						
				find out how much it will cost you.						
				Standard Retail Cost-Sharing  Tier Covere 30-day 90-day						
				Tier	d	supply	•			
					Drugs	suppry	suppry			
				Tier 1		4	<b>.</b>			
				(Preferred	All	\$3	\$7.50			
				Generic)		copay	copay			
				Tier 2						
				(Non-		\$12	\$30			
				Preferred	All	copay	copay			
				Generic)						
				Tier 6	All	<b>\$0</b>	<b>\$0</b>			
				(Select)		copay	copay			
					l Mail Ord					
				Tier						
				Drugs supply			supply			

#### PRESCRIPTION DRUG COVERAGE **SUMMARY OF BENEFITS** January 1, 2019 - December 31, 2019 Freedom Freedom Rx Enhanced Freedom Rx (PPO) Freedom Select (PPO) Basic (PPO) (PPO) Tier 1 All (Preferred **\$6** copay Generic) Tier 2 (Non-**\$24** copay All **Preferred** Generic) Tier 6 (Select A11 **\$0** copay

Catastrophic
Coverage

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$5,100, you pay the greater of:

5% of the cost, or \$3.40 copay for generic (including brand drugs treated as generic) and the greater of 5% of the cost, or \$8.50 copay for all other drugs

After your yearly out-of-pocket drug cost drugs purchased pocket drug cost drugs purchased mail order) reach \$5,100, you pay the greater of:

5% of the cost, or \$3.40 copay for generic (including brand drugs treated as generic) and the greater of 5% of the cost, or \$8.50 copay for all other drugs

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$5,100, you pay the greater of: 5% of the cost, or \$3.40 copay for generic (including brand drugs treated as generic) and the greater of 5% of the cost, or \$8.50 copay for all other drugs.

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$5,100, you pay the greater of: 5% of the cost, or \$3.40 copay for generic (including brand drugs treated as generic) and the greater of 5% of the cost, or \$8.50 copay for all other drugs

Senior Care Plus is a PPO Medicare Advantage plan with a Medicare contract. Enrollment in Senior Care Plus depends on contract renewal.

# Notice Informing Individuals about Nondiscrimination and Accessibility Requirements and Non-Discrimination Statement

#### Discrimination is against the law.

Senior Care Plus complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Senior Care Plus does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Senior Care Plus:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - o Information written in other languages

If you need these services, contact the Compliance Officer.

If you believe that Senior Care Plus has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Compliance Officer, 10315 Professional Circle, Reno, NV, 89521, 800-611-5097, (TTY: 1-800-833-5833). You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Compliance Officer is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.