

Healthy Me 2023

Senior Care
Plus 

Coming in January
New Benefits/New Partners!
See Inside For Your 2023
Benefits **SNEAK PEEK.**

**HEALTHY
REWARDS CARD**

Get Rewarded for Taking
Care of Your Health.

LIBERTY Dental Plan
New Dental Benefits
Will Have You Smiling!



Benefits described in this booklet are **EFFECTIVE JANUARY 1, 2023.**



Welcome to Senior Care Plus

Senior Care Plus is pleased to share our 2023 Medicare Advantage Plans with you. Inside, you will learn about the new and improved plan benefits that are coming your way starting January 1, 2023.

Consider this booklet your guide to selecting your 2023 Senior Care Plus benefits package. You will notice some wonderful benefit enhancements and new healthcare partners. For example, in 2023 Senior Care Plus members will enjoy:

- **New dental network**
LIBERTY Dental Plan – enhanced dental benefits depending on your plan
- **New hearing benefit provider**
NationsHearing® – lower cost hearing aids with a larger provider network
- **New Healthy Rewards Card program**
Get rewarded for taking care of your health
- **New Over-the-Counter benefit provider**
NationsOTC® – extensive selection with free, two-day shipping

And so much more... The benefit changes and enhancements detailed in this booklet were the result of member input — we listened to our members and we've made the already benefit-rich Senior Care Plus Medicare Advantage Plans even better for 2023.

Turn the page and see for yourself. You will be glad you selected Senior Care Plus, Nevada's only locally-owned, not-for-profit, Medicare Advantage Plan.

Senior Care
Plus 

A Medicare Advantage Plan from Hometown Health.

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NEW BENEFITS FOR 2023!

SENIOR CARE PLUS LISTENED TO OUR MEMBERS AND FOR 2023, we have new provider partners offering money saving new benefits to keep you healthy!

NationsHearing® Hearing Benefit

NationsHearing® offers a custom hearing benefit designed to improve not only your hearing, but your overall health and well-being too! You will enjoy an annual hearing exam with no out-of-pocket cost and, if you need them, low-cost hearing aids with a 60-day, 100% money-back guarantee. **See pages 14-15.**



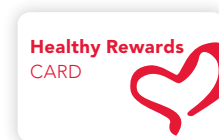
LIBERTY Dental Plan

The new dental plans LIBERTY Dental is bringing to Senior Care Plus members for 2023 are nothing short of fantastic. Comprehensive dental plans that offer first-dollar coverage up to \$1,250 or more! That means you pay nothing until your coverage amount is reached. It is important to note that cleanings and exams do not count toward the comprehensive limit. The LIBERTY Dental provider network is constantly growing and contracting with new dentists – **see the enclosed dental provider directory starting on page 25.**



Healthy Rewards – Reward Card Program

As your partner in health, Senior Care Plus wants to reward you for doing the things you need to do to stay healthy. That's why beginning in January 2023 we are pleased to offer our new Rewards program. Here's how it works: When you complete a qualifying health-related activity, you will receive your Healthy Rewards card in the mail and it will be preloaded with your reward amount. You can use those reward dollars for health-related purchases at NationsOTC® or to purchase eligible items at select retail locations. **See page 13 for more details.**



NationsOTC® Over-the-Counter Benefit

For 2023, Senior Care Plus is partnering with NationsOTC® to give you have access to hundreds of health and wellness products through your OTC benefit. You can order brand-name or generic items across a variety of categories. Free two-day shipping from western states means your products arrive quicker. **See the full 2023 OTC catalog starting on page 39.**



Durable Medical Equipment

Senior Care Plus has contracted with five new durable medical equipment providers and this benefit has already started! If you want to change the provider of your in-home oxygen or other medical equipment now is the time. **Check out page 19.**



TELADOC Dermatology Benefit

Senior Care Plus members have long enjoyed telemedicine visits through TELADOC, but this past summer we added a Dermatology benefit. TELADOC board-certified dermatologists can treat things like, acne, rosacea and rashes. **To learn more about this \$0 out-of-pocket benefit see page 18.**



A Medicare Advantage Plan from Hometown Health.

About Senior Care Plus

Senior Care Plus was Nevada's first Medicare Advantage Plan and that makes us the oldest, most experienced plan available.

Senior Care Plus is administered by Hometown Health, the insurance division of Renown Health. That relationship means Senior Care Plus is the only Medicare Advantage Plan supported by and accepted by Renown. This access to Renown Health and all that it has to offer is a great benefit for northern Nevada Medicare beneficiaries.

Senior Care Plus is your local, not-for-profit Medicare plan and our customer service team is located right here in Nevada. Not-for-profit means Senior Care Plus puts members first. And our local customer service team means when you call Senior Care Plus, you are talking to a Nevadan right here in Nevada. The Senior Care Plus team members are your friends and neighbors.

Senior Care Plus is an HMO Medicare Advantage Plan with a Medicare contract. It is available to Medicare beneficiaries eligible by age or disability in Carson City, Clark, Nye and Washoe County.

Senior Care Plus is located at:

10315 Professional Cir. · Reno, NV 89521

Lobby Hours: **Monday – Friday · 8 a.m. to 5 p.m.**

Call Center Hours: **Monday – Sunday · 7 a.m. to 8 p.m.**

- Local: **775-982-3112**
- Toll Free: **888-775-7003**
- Información en español **775-982-3242**
- TTY Relay Service 711

Email us: **customer_service@hometownhealth.com**

Visit our website at **SeniorCarePlus.com**.

BENEFITS THAT BENEFIT YOU

Senior Care Plus, Renown Health and MyChart

Senior Care Plus Clinics

Local Customer Service

Gym Program

NationsBenefits®

NationsHearing®

EyeMed

DispatchHealth

TELADOC

Durable Medical Equipment

Comprehensive Health Assessment

Senior Care Plus, Renown Health and MyChart



Senior Care Plus is part of the Renown Health family and the only Medicare Advantage Plan accepted by Renown. Renown Health helps Senior Care Plus members – **FIGHT THE GOOD FIGHT.**

As part of this relationship, Senior Care Plus members can view their health information – including their health insurance information in MyChart.

PUT THE POWER OF MYCHART TO WORK FOR YOU!

MyChart is a secure, web-based application offered by Renown and Senior Care Plus. You can use it on your computer, phone, or tablet to get the care and information you need, as soon as you need it, from anywhere.



With MyChart, you can view all of your health information in one secure place. MyChart allows you to:

- Send messages to your providers and their staff, and receive responses back quickly.
- See a list of your current medications and request medication refills.
- View your test results as soon as you need them.
- View your insurance claims and explanation of benefits.
- View and print a copy of your Senior Care Plus ID card.

MyChart is the key to your best healthcare experience, even if you don't see a Renown primary care provider. MyChart offers access to your claims, authorizations and other Senior Care Plus-related information. Every Senior Care Plus member will benefit from using it.

Visit SeniorCarePlus.com/MyChart to learn more and view a step-by-step MyChart log-in process.

Senior Care Plus, Renown Health and MyChart – there is no better partnership for your health!

Senior Care Plus Clinics Powered by Renown

Senior Care Plus has collaborated with Renown Medical Group to bring you two dedicated clinics just for Senior Care Plus members. The clinics are located at:

740 Del Monte Ln., Suite 3
Reno, NV 89511

1525 Los Altos Pkwy.
Sparks, NV 89436

Members who choose to make Renown Medical Group – Senior Care Plus their primary care facility enjoy:

- Same-day access
- Longer appointment times
- Geriatric-focused providers
- Personal assistants on site

If you do not currently have a Renown Primary Care doctor, now would be a great time to call Senior Care Plus at **775-982-3112** and say you would like to make one of the Senior Care Plus clinics your primary care facility.



Local Customer Service the Senior Care Plus Difference

The Senior Care Plus customer service team is located right here in Nevada. When you contact customer service, you are connecting with a Nevadan ready to assist you on our healthcare journey.

THESE PAGES GIVE YOU THE THREE WAYS TO CONNECT WITH THE SENIOR CARE PLUS CUSTOMER SERVICE TEAM.

1. Online Chat

Our newest and possibly the quickest way to get your Senior Care Plus questions answered is online chat. Connecting with a live customer service agent via online chat is easy. Simply visit SeniorCarePlus.com and click on the online chat icon in the lower right hand corner of the webpage.



After answering a few simple questions – you will be connected to a live Customer Service representative.

Online chat is available Monday – Friday • 8 a.m. to 8 p.m.

2. Telephone Outreach

The Senior Care Plus customer service Call Center is open 7 days per week • 7 a.m. to 8 p.m.

- Local: **775-982-3112**
- Toll Free: **888-775-7003**
- Información en español **775-982-3242**

3. Senior Care Plus Personal Assistant

Senior Care Plus members who have a Renown-based primary care provider have access to a personal assistant.



- Appointment scheduling and healthcare screening coordination
- Specialist referrals and prior authorizations
- Medication coordination and assistance
- Health insurance and billing questions
- Spanish speaking Personal Assistants are available

If you have a Renown Health primary care provider but have not connected with your personal assistant, call the number below associated with the location of your primary care provider.

RENOWN MEDICAL GROUP LOCATIONS

Carson City – South Carson

2300 S. Carson St., 1
Carson City, NV 89701
775-982-3460

Caughlin Ranch

4796 Caughlin Pkwy., Suite 108
Reno, NV 89519
775-982-3461

Del Monte

740 Del Monte Ln., Suite 3
Reno, NV 89511 • **775-982-8438**

Los Altos

1525 N. Los Altos Pkwy.
Sparks, NV 89436 • **775-982-3051**

McCabe

25 McCabe Dr. • Reno, NV 89511
775-982-3047

North Hills

1075 North Hills Blvd., Suite 180
Reno, NV 89506 • **775-982-3462**

Pringle

75 Pringle Way, Suite 601
Reno, NV 89502
775-982-3038

Robb

1595 Robb Dr., Suite 2 • Reno, NV 89523
775-982-3463

South Meadows

10101 Double R Blvd. • Reno, NV 89521
775-982-3464

South Meadows Pavilion

10085 Double R Blvd., Suites 120 & 220
Reno, NV 89521 • **775-982-3466**

Summit Sierra

13945 S Virginia St. • Reno, NV 89511
775-982-3467

Vista

910 Vista Blvd. • Sparks, NV 89434
775-982-3468

Senior Care Plus – Gym Program



Stay active and in shape with a Senior Care Plus sponsored gym membership!

As a Senior Care Plus member, you can enjoy a year-long gym membership at one of the participating fitness facilities. Show your Senior Care Plus membership card on your first visit to take advantage of this fitness benefit! You will be required to sign-up at your location of choice. Participating gyms include:

Anytime Fitness – 24 hour access, cardio/weight equipment, locker rooms

Reno • 4784 Caughlin Pkwy., Ste. 401
Reno, NV 89519 • **775-622-8034**

Reno • 18603 Wedge Pkwy., Ste. D-E
Reno, NV 89511 • **775-852-7007**

Sparks • 2494 Wingfield Hills Rd.
Sparks, NV 89436 • **775-626-2500**

Carson City • 2629 N. Carson St.
Carson City, NV 89706 • **775-222-0022**

Carson City • 4530 S. Carson St.
Carson City, NV 89701 • **775-885-7771**

Cold Springs Family Center – Cardio/weight equipment, group exercise classes

Cold Springs • 18400 Village Pkwy.
Reno, NV 89508 • **775-657-6388**

Eagle Fitness – 24 hour access, cardio/weight equipment, group exercise classes, locker rooms

Reno • 6295 Sharlands Ave., Ste. 2
Reno, NV 89523 • **775-787-8686**

Sparks • 1535 Los Altos Pkwy.
Sparks, NV 89436 • **775-626-8686**

Fitness for \$10 – Cardio/weight equipment, exercise classes

Carson City • 829 Fairview Dr.
Carson City, NV 89701 • **775-352-8663**

Sparks • 1575 East Lincoln Way
Sparks, NV 89435 • **775-352-8663**

Parkway Athletic Club – Cardio/weight equipment, group exercise classes, pool, sauna/steam room, tennis/racquetball courts

Reno • 9400 Double Diamond Pkwy.
Reno, NV 89521 • **775-851-7171**

UFC Gym – Strength training equipment, daily classes

Reno • 4875 Kietzke Ln., Suite D
Reno, NV 89509 • **775-285-9340**

NOTE: Not all gym activities/amenities are included with your Senior Care Plus gym membership. Participating gyms subject to change. Senior Care Plus gym memberships are only valid at one participating fitness facility.

Earn REWARDS for Taking Care of Your Health

nations benefits

As a valued Senior Care Plus member, you will be able to earn rewards by completing health-related activities that promote your health and well-being. Your rewards allowance can be used to purchase items¹ and services using your Healthy Rewards program card.

YOUR REWARDS PROGRAM INCLUDES

Healthy Rewards

Funds are earned and loaded onto your card after each qualifying health activity has been completed.

Health-related activities may include, but are not limited to:

- Annual wellness visit
- Comprehensive Health Assessment
- Health risk assessments

Convenient Purchasing Options

Order health and wellness items through NationsOTC[®] with two-day delivery.

- Visit **SeniorCarePlus.NationsBenefits.com**
 - Call **877-200-4189** (TTY: 711)
- OR
- Purchase eligible items at participating retail locations.



YOU MUST ACTIVATE YOUR CARD BEFORE USE.

Please visit **SeniorCarePlus.NationsBenefits.com** or call **877-200-4189** (TTY: 711) to activate your card.

Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year.



¹ This card may not be used to buy alcohol, tobacco, or other restricted items.

Improve Health and Wellness with Your Hearing Aid Benefit

Senior Care Plus has partnered with NationsHearing® to offers members a custom hearing benefit designed to improve overall health and well-being with cost-effective hearing aids and hearing solutions.

YOUR HEARING BENEFIT INCLUDES



An annual hearing test with no out-of-pocket cost

Convenient ways to take your hearing test:

- Call **877-200-4189** (TTY: 711) to speak with a Member Experience Advisor who will schedule your hearing test with a local hearing aid provider
- Visit **SeniorCarePlus.NationsBenefits.com** to access your online hearing test



Exceptional service delivery

Going above and beyond your expectations with:

- Quality care from a hearing aid provider in your area
- 24/7/365 access to a dedicated team of Member Experience Advisors
- Three follow-up visits to ensure your complete satisfaction¹



Our promise to you

The latest technology from all major manufacturers, plus:

- 60-day, 100% money-back guarantee
- Three-year manufacturers' warranty
- Three years of batteries included²

Hearing aid options

NationsHearing® has relationships with all leading hearing aid manufacturers, which means they can offer the latest and most advanced hearing aids from more than 1,200 makes and models. Understanding your options when choosing a hearing aid will help you make the right decision for your hearing health.

Provider network

NationsHearing® Provider Network includes more than 8,000 locations across the U.S., and nearly a dozen providers conveniently located in the Senior Care Plus service area.

Why hearing health is important

Hearing impairment can impact almost every aspect of a person's life. Studies have linked untreated hearing loss to conditions like diabetes, dizziness, falls, strained relationships, and compromised safety.³ Fortunately, around 95% of people with hearing impairment could benefit from wearing hearing aids.⁴ That's why providers in the network work with you to select hearing aids that meet your lifestyle needs.

GET STARTED TODAY!

Call **877-200-4189** (TTY: 711) or visit **SeniorCarePlus.NationsBenefits.com**.

Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year. Language support services are available free of charge.



NationsHearing® Quick List of Hearing Benefits

- Annual hearing test with no out-of-pocket cost
- Access to a nationwide network of 8,000+ providers
- Hearing aids available from all major brands
- Low pricing and a 60-day, 100% money-back guarantee
- Concierge-level service by dedicated Member Experience Advisors
- Three follow-up visits during the benefit year
- 3-year repair warranty
- 3 years of batteries included*
- One-time replacement coverage for lost, stolen or damaged hearing aids**
- 12 and 18-month financing options available with 0% APR, no money down

*Not applicable to the purchase of rechargeable hearing aid models. **Deductibles may apply.

¹ Within the first year of fitting date ² Not applicable to the purchase of rechargeable hearing aid models ³ "Hearing Loss: A Common Problem for Older Adults." National Institute on Aging, U.S. Department of Health and Human Services, www.nia.nih.gov/health/hearing-loss-common-problem-older-adults. ⁴ "Quick Statistics About Hearing." National Institute of Deafness and Other Communication Disorders, U.S. Department of Health and Human Services, 1 Apr. 2021, www.nidcd.nih.gov/health/statistics/quick-statistics-hearing.



Your EyeMed Vision Benefit



Senior Care Plus partners with EyeMed Vision Care to provide you with an \$0 copay annual eye exam and coverage for contacts or glasses up to \$250 every year.

Senior Care Plus vision benefits are provided exclusively by EyeMed. To access your vision benefits you must use an EyeMed Provider.

Find an EyeMed Provider:

Call toll free at **866-723-0513**.

Monday – Saturday · 7:30 a.m. to 11 p.m. (EST)

Sunday from 11 a.m. to 8 p.m. (EST)

Go to **eyemed.com** and click on **Find an eye doctor** and then select the **Advantage Network** from the **Choose your Network** drop down menu. Then simply enter your zip code to find an in-network eye doctor near you.



DispatchHealth – Bringing Back the House Call

Senior Care Plus is pleased to partner with DispatchHealth in bringing back the house call!

DispatchHealth brings a mobile medical team equipped with the technology and tools to care for minor to serious injuries and illnesses. Each team consists of a medical technician and a nurse practitioner or doctor assistant. These clinicians are supported by a remote on-call emergency room doctor.

REQUEST CARE FROM DISPATCHHEALTH

Requesting care is easy. You can use the DispatchHealth mobile app, visit their website at **dispatchhealth.com** or call them directly at **775-439-1529** or **702-848-4443**.

DispatchHealth’s qualified practitioners provide in-home urgent care for a wide array of medical conditions. DispatchHealth is available 8 a.m. to 10 p.m., seven days a week for the cost of an in-network urgent care co-pay.



Virtual Visits Made Easy with TELADOC Including NEW Dermatology Benefit!



Senior Care Plus has partnered with TELADOC to make virtual visits with a qualified doctor easy. You can talk to a doctor by telephone or video anytime day or night in all 50 states. **And, best of all, Senior Care Plus members have a \$0 copay!**

TELADOC is a convenient option that allows members to talk to a doctor who can diagnose, recommend treatment and prescribe medication, when appropriate, for many medical issues.

Some of the health issues TELADOC doctors treat include:

- Sinus & Bronchitis problems
- Allergies
- Cold and flu
- Respiratory infection
- Ear infection
- Sore throat

Dermatology Visits Now Available

TELADOC dermatologists treat conditions like, acne, rosacea, and rashes. You can also use it for moles or skin growths, however, depending on the severity, you may be referred to another in-network provider for follow-up and further intervention.

When you start your dermatology consult, you simply answer a few questions and upload photos of your skin condition. Once that's done, a board-certified dermatologist is assigned to you. They will work with you via the TELADOC Message Center to evaluate your condition and develop a treatment plan.

Registering with TELADOC is easy. You can visit SeniorCarePlus.com and click on **TELADOC** for quick access to the TELADOC registration page. You can also call TELADOC at **1-800-TELADOC (835-2362)**, be sure to have your Senior Care Plus card handy.

IMPORTANT: If you think your injury or illness may be life or limb-threatening, call 911 immediately.



NOW AVAILABLE!

New Durable Medical Equipment Providers

Senior Care Plus wants members to have access to the medical equipment they need, when and where they need it.

Senior Care Plus contracts with a number of Durable Medical Equipment providers to give members the selection they want and the convenience they need.

AdaptHealth – Bennett Medical Services
2600 Mill St., Suite 600 • Reno, NV 89502
775-329-0799
adapthealth.com



Accellence Home Medical
5450 Mill St., #101 • Reno, NV 89502
775-787-8880
accellencehomemedical.com



Lincare Complete
1380 Greg St., Suite 201 • Sparks, NV 89431
775-359-6262
lincare.com



Owens Healthcare
2700 Mill St., Suite 800 • Reno, NV 89502
775-207-2727
myowens.com



Preferred Homecare
320 S Rock Blvd. • Reno, NV 89502
775-825-8644
preferredhomecare.com



Pulmonary Solutions
50 Freeport Blvd., #24 • Sparks, NV 89431
775-451-0155
pulmonarysolutions.com



Schedule Your COMPREHENSIVE HEALTH ASSESSMENT Today!

PHARMACY AND MAIL ORDER

As a Senior Care Plus member, if you have not yet completed your annual Comprehensive Health Assessment, please schedule yours right away.

The Comprehensive Health Assessment is a detailed evaluation that gives us an in-depth look at your overall health and well-being. The results of your Comprehensive Health Assessment are shared with your Primary Care Provider (PCP) to assist them in developing a customized care plan just for you.

The Comprehensive Quick Assessment gives you and your primary care provider insight into your health status!



Mail Order Pharmacy
2023 Prescription Drug Cross Walk



You can schedule your Comprehensive Health Assessment by calling **775-982-2605**.

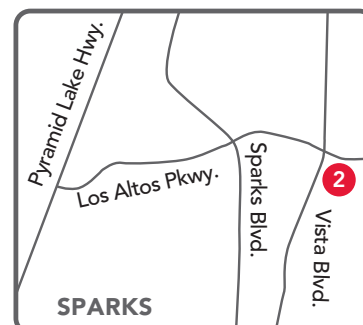
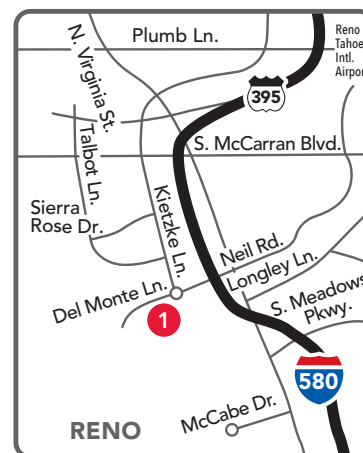
The Comprehensive Health Assessment is offered at two convenient locations:

1. Renown Medical Group

740 Del Monte Ln., Suite 3
Reno, NV 89506
(Dedicated Senior Care Plus Clinic)

2. Renown Medical Group

1525 Los Altos Pkwy.
Sparks, NV 89436



Mail Order Pharmacy



There are many benefits to using a mail order pharmacy to get your prescribed medications. In 2021, 95% of mail order users said they were satisfied or very satisfied. Senior Care Plus has three money-saving mail order options available.

Now available –
ideal for members in northern Nevada!

Renown Mail Order Pharmacy



HOURS OF OPERATION:

Monday through Friday from 8 a.m. to 5 p.m. (PST)

Renown Pharmacy • 21 Locust St. • Reno, NV 89502

775-982-5280 and Press 0 • renown.org/pharmacy



NOTE: Other Pharmacies are available in our network.



Postal Prescription Services (PPS)

OVERALL SATISFACTION RATING: 86%

EASE OF SET-UP: Rated 9/10

EASE OF REQUESTING REFILLS: 9/10

HOURS OF OPERATION:

Monday through Friday from 6 a.m. to 6 p.m. (PST)

Saturday from 9 a.m. to 2 p.m. (PST)

Postal Prescription Services • PO Box 2718 • Portland, OR 97208-2718

Call toll free, **800-552-6694** • ppsrx.com

Costco Mail Order Pharmacy



OVERALL SATISFACTION RATING: 85%

EASE OF SET-UP: Rated 8.8 /10

EASE OF REQUESTING REFILLS: 9/10

HOURS OF OPERATION:

Monday through Friday from 5 a.m. to 7 p.m. (PST)

Saturday from 9:30 a.m. to 2 p.m. (PST)

Call toll free, **800-607-6861** • Fax **800-633-0334**

Email webpharmacy@costco.com • costco.com/home-delivery

2023 Prescription Drug Crosswalk

The Senior Care Plus prescription drug formulary is extensive, but it does not include all drugs. Most prescription drugs have an alternative that can be found on the Senior Care Plus formulary. Below is a partial list of alternative prescription medications that are included in the 2023 Senior Care Plus formulary.

Please talk to your primary care provider to determine if one of the alternative drugs listed is right for you.

IMPORTANT: This is not a complete list of medications available in the Senior Care Plus formulary. Additionally medications listed in the formulary can sometimes change. Please visit the Formulary page on the SeniorCarePlus.com website to see an up-to-date and complete list of prescription drugs included in the formulary.

Drug Class	Drugs not covered by your plan	Alternative covered drugs and Tier
Asthma / Chronic Obstructive Pulmonary Disease (COPD)	Fluticasone propionate and salmeterol (Advair Diskus generic), Dulera, Symbicort, Levalbuterol HFA	Advair Diskus (Brand) – 2 Advair HFA – 3 Arnuity Ellipta – 3 Breo Ellipta – 3 Breztri – 3 Flovent (Diskus & HFA) – 3 Spiriva – 3 Trelegy Ellipta – 3
	Ventolin HFA, Proventil HFA, Proair HFA	Albuterol HFA - 2
Blood Thinners	Pradaxa	Eliquis – 3 Xarelto – 3
Diabetes – Insulins	Basaglar, Lantus, Levemir	Semglee – 3 Toujeo – 3
	Humalog, Apidra	Novolog – 2 Fiasp – 3
	Humulin	Novolin – 3
Diabetes – Other	Invokana, Steglatro	Farxiga – 3 Jardiance – 3
	Januvia, Janumet	Tradjenta – 3 JentaDueto – 3
	Byetta, Bydureon	Ozempic – 3 Rybelsus – 3 Trulicity – 3 Victoza – 3
	Metformin ER (Osmotic)	Metformin ER (generic Glucophage XR) – 6
Gastrointestinal	Amitiza	Lubiprostone – 3 Linzess – 3 Movantik – 3
	Dexilant	Esomeprazole – 2 Lansoprazole – 1 Omeprazole – 1 Pantoprazole – 1
Gout	Colchicine capsules	Mitigare – 2 Colchicine tablets – 4
Ophthalmic	Cyclosporine eye drops (Restasis generic)	Restasis dropperette (Brand) – 2
Thyroid	Synthroid, Armour Thyroid, Levothyl	Levothyroxine – 1

2023 LIBERTY DENTAL PLAN MEDICARE NETWORK

LIBERTY Dental Plan
LIBERTY Dental Provider Directory

LIBERTY Dental Plan Will Put a Smile on the Face of Senior Care Plus Members!

Starting January 1, 2023, Senior Care Plus members will have their dental benefits administered by LIBERTY Dental Plan (LIBERTY). LIBERTY has an extensive provider network throughout Nevada and they are constantly adding new providers.

LIBERTY offers concierge-style customer service providing Senior Care Plus members peace of mind through:

- Live, highly-qualified multi-lingual Member Services Representatives
- 24-hour access to emergency dental care coordinated by a Dental Director
- Assistance in selecting a pre-screened dentist

LIBERTY also uses technology to support Senior Care Plus members, including:

- The LIBERTY Mobile app gives members quick and easy access to searching for a network dentist, benefit information, co-pay information, and more
- Online access to LIBERTY’s extensive library of oral health and wellness PDF downloads



New providers – new benefits – including first dollar coverage

The 2023 Senior Care Plus dental plans we are offering through LIBERTY are terrific. Comprehensive coverage amounts shown are first dollar coverage – meaning you have no out-of-pocket expense until the coverage limit is reached! ***It is important to note that cleanings and exams do not count toward the comprehensive limit.***

- Extensive Duals Plan**
\$2,000 Comprehensive Coverage
- Patriot Plan**
\$1,500 Comprehensive Coverage
- Select Plan**
\$1,500 Comprehensive Coverage

- Renown Preferred Plan**
\$1,250 Comprehensive Coverage
- Complete Plan**
\$1,250 Comprehensive Coverage
- Essential Plan**
Preventive Dental Coverage

NOTE: The benefits outlined above do not take effect until January 1, 2023. The LIBERTY provider network may change at any time.

For the most recent provider network information or other dental questions, please visit libertydentalplan.com/SCP or contact LIBERTY Dental Plan at **888-442-3193** Monday – Friday • 8 a.m. to 8 p.m. (Local Time) TTY users should call **877-855-8039** or visit libertydentalplan.com/SCP.

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CHOW, EDMOND
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ELLSWORTH, BENJAMIN
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SPARKS, NV 89434
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SPARKS, NV 89434
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FLANNERY, KEVIN
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(775) 359-1565

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(775) 359-1565

LIN, KEVIN
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(775) 359-1565

LIN, WEIYE
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SPARKS, NV 89434
(775) 359-1565

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(775) 359-1565

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PERALTA, CHRISTIAN
2454 WINGFIELD HILLS RD
STE 100
SPARKS, NV 89436
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DESERT VALLEY DENTAL
BASTA, TREVOR
5295 SUN VALLEY BLVD
STE 6
SUN VALLEY, NV 89433
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GOODMAN, ROBYN
5295 SUN VALLEY BLVD
STE 6
SUN VALLEY, NV 89433
(775) 673-1055

JOHL, TEJPAUL
5295 SUN VALLEY BLVD
STE 6
SUN VALLEY, NV 89433
(775) 673-1055

KELLY, DAVID
5295 SUN VALLEY BLVD
STE 6
SUN VALLEY, NV 89433
(775) 673-1055

KELLY, KRISTIN
5295 SUN VALLEY BLVD
STE 6
SUN VALLEY, NV 89433
(775) 673-1055

WILSON, SCOTT
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STE 6
SUN VALLEY, NV 89433
(775) 673-1055

2023 OVER-THE-COUNTER CATALOG DIRECTORY

NationsOTC®
Over-the-Counter Catalog Directory

Shop Easier, Healthier and Happier

We would like to take this opportunity to welcome you and thank you for choosing Senior Care Plus to participate in your health care. As a valued member, you have an over-the-counter (OTC) benefit through NationsOTC® that gives you access to hundreds of OTC products across a variety of categories.

Placing an order is simple. You have four easy ways to use your benefit allowance and receive two-day shipping at no additional cost. We encourage you to keep this catalog where it's easily accessible. You can use your catalog to place future orders. **It also contains helpful information such as:**

- Instructions on how to place an order
- Order form
- Abridged list of categories and eligible products

To see complete listing of items available to order visit:
SeniorCarePlus.NationsBenefits.com

If you need help placing an order, please call **877-200-4189** (TTY: 711). **Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year.** Language support services are available if needed, free of charge.

NOTE: This benefit is not available until January 2023.



Helpful Benefit Information

You can save time and money by using your OTC benefit allowance to order the items you need to personalize your care. It is important to remember that your OTC benefit is quarterly and that unused dollars do not roll forward.

Additional information about your OTC benefit is outlined below:



BENEFIT USAGE

This benefit is only for you and cannot be used for your family or friends.



AVAILABILITY

Items, amounts, sizes, and values are subject to change depending on availability.



SUBSTITUTION

If an item is out of stock, a similar product of equal or higher value will be shipped.



DELIVERY

Please allow two days for delivery.



RETURNS

Due to the personal nature of these products, you do not have to ship products you wish to return back to NationsOTC.



DISENROLLMENT

If you disenroll from your health plan, your OTC benefit will automatically end.

Keep this catalog for future orders.

Ordering OTC Products Has Never Been Easier

Starting in January 1, 2023 you will have three convenient ways to place an order. Choose the option that's best for you:

WEBSITE

To place an order through the MyBenefits portal, visit SeniorCarePlus.NationsBenefits.com.

If this is your first time placing an order online, you will need to create an account by registering on the **MyBenefits portal** or the **MyBenefits app**. If you already created an account, simply log in and select the items you would like to order. Once you're ready to place your order, click **Checkout**.

PHONE

To place an order by phone, please call **877-200-4189** (TTY: 711). **Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year.**

MAIL

To place an order by mail, send your completed order form to the address below.

NationsOTC
1801 NW 66th Avenue, Suite 100
Plantation, FL 33313

Please Note: Order forms should be mailed **BEFORE THE 20TH OF THE MONTH** to ensure the order total is applied to the current benefit period. We encourage you to place an order online or by phone if the end of your benefit period is approaching. Please do not send cash or checks in the mail.

Keep this catalog for future orders.

Top Selling Products



Cough Drops, Cherry
Count: 30

Item #: 5220 \$3.00



Cough Drops, Sugar-Free,
Black Cherry
Count: 25

Item #: 5405 \$3.00



Vapor Rub,
3.5 oz.
Count: 1

Item #: 5511 \$5.00



Denture Cleaning Tablets
Count: 40

Item #: 5546 \$4.00



Toothbrush, Colgate®
Adult Medium
Count: 1

Item #: 5101 \$3.00



Cough Drops, Honey Lemon
Count: 30

Item #: 5545 \$3.00



Medicated Lip Balm,
0.15 oz.
Count: 1

Item #: 5559 \$2.00



Dental Floss, Reach®
Mint Waxed
Count: 1

Item #: 5130 \$4.00



Interdental Flossers
Count: 90

Item #: 5200 \$3.50




Toothbrush, Colgate®
Adult Soft
Count: 1

Item #: 5505 \$3.00

Keep this catalog for future orders.

Top Selling Products




Toothpaste, Colgate®
4 oz.
Count: 1

Item #: 5047 \$4.00



Alcohol Pads*
Count: 100

Item #: 5295 \$3.50




Artificial Tears Drops,
0.5 oz.
Count: 1

Item #: 5004 \$4.50




Cotton Swabs
Count: 300

Item #: 5385 \$4.00




Bandages, Assorted*
Count: 100

Item #: 5173 \$4.50




Toothpaste, Crest®
Sensi-Relief, 4.1 oz.
Count: 1

Item #: 5811 \$9.00



Antacid Chewables,
Extra Strength, 750 mg.
Count: 96

Item #: 5438 \$4.50




Clear Eyes® Eye Drops,
0.2 oz.
Count: 1

Item #: 5487 \$4.00



Q-Tips® Cotton Swabs
Count: 170


Item #: 5608 \$4.00



Band-Aids®*
Count: 100


Item #: 5128 \$8.50

Top Selling Products




Hydrogen Peroxide, 3%,
8 oz.
Count: 1

Item #: 5227 \$4.00



Procedural Face Masks
with Earloops
Count: 50

Item #: 5817 \$12.00




Triple Antibiotic Ointment,
1 oz.
Count: 1

Item #: 5869 \$4.50




Adult Washcloths
Disposable*
Count: 48

Item #: 5447 \$5.50




Acetaminophen Extra
Strength Tablets, 500 mg.
Count: 100

Item #: 5303 \$6.50



Neosporin® Plus,
0.5 oz.
Count: 1

Item #: 5250 \$9.00




Rubbing Alcohol, 70%,
16 oz.*
Count: 1

Item #: 5541 \$4.00




Vaseline® Jelly, 3.75 oz.
Count: 1

Item #: 5127 \$4.50



Flushable Wipes*
Count: 24

Item #: 5529 \$5.50



Aspirin, Enteric Coated
Tablets, Low Dose, 81 mg.
Count: 120

Item #: 5090 \$4.00

Keep this catalog for future orders.

Keep this catalog for future orders.

Top Selling Products



Bayer® Enteric Coated Aspirin, Low Dose, 81 mg.
Count: 32

Item #: 5034 \$4.50



Salonpas® Patch
Count: 6

Item #: 5383 \$13.00



Aloe Vera Cream,
6 oz.
Count: 1

Item #: 5535 \$3.50



Coenzyme Q-10, 100 mg.‡
Count: 30

Item #: 5156 \$11.00



Glucosamine Chondroitin,
1,500 mg., 1,200 mg.‡
Count: 60

Item #: 5176 \$16.00



Cold Hot Medicated Patch
Count: 5

Item #: 5080 \$6.00



Tylenol® Extra Strength Tablets, 500 mg.
Count: 100

Item #: 5423 \$17.00



Calcium + Vitamin D3 Tablets, 600 mg.‡
Count: 60

Item #: 5298 \$4.00



Fish Oil Softgels, 1,000 mg.‡
Count: 60

Item #: 5140 \$9.00



Vitamin D3, 125 mcg.‡
Count: 100

Item #: 5749 \$8.50

Keep this catalog for future orders.

Item #	Description	Count	Price
Bathroom Safety, Fall Prevention & Durable Medical Equipment			
5647	Bath Mat, Non-Skid	1 ct.	\$14.00
5853	Shower Mat, Non-Skid	1 ct.	\$14.00
5806	Slipper Socks, One Size Fits Most	1 ct.	\$5.50
Cold, Flu & Allergy			
5252	Abreva® Cream, 10%, 2 gm.	1 ct.	\$24.00
5084	Acetaminophen Sinus Congestion Caplets, 325 mg., 5 mg.	24 ct.	\$4.50
5335	Afrin® Nasal Spray, 0.05%, 0.5 oz.	1 ct.	\$13.00
5790	Airborne® Chew†	32 ct.	\$10.00
5606	Blistex® Ointment, 0.15 oz.	1 ct.	\$4.00
5344	Carmex®	1 ct.	\$2.50
5133	Cepacol® Sore Throat Lozenges	16 ct.	\$5.00
5052	Cetirizine Allergy Tablets, 10 mg.	30 ct.	\$8.00
5334	Claritin® Tablets, 10 mg.	10 ct.	\$18.00
5338	Cough & Cold for High Blood Pressure	16 ct.	\$5.00
5202	Cough Drops, Halls®	30 ct.	\$4.50
5126	Cough Drops, Menthol	30 ct.	\$3.00
5399	Day & Night Cold & Flu Caplets	20 ct.	\$6.00
5153	Day Cold & Flu Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	1 ct.	\$6.00
5234	DayQuil® Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	1 ct.	\$12.00
5451	Diphenhydramine Allergy Tablets, 25 mg.	24 ct.	\$3.00
5855	Fexofenadine Allergy Tablets, 180 mg.	30 ct.	\$11.00
5856	Fluticasone Propionate Allergy Nasal Spray, 24-Hour, 144 sprays, 50 mcg.	1 ct.	\$21.00
5095	Green Tea Flu & Cold Honey Lemon	6 ct.	\$8.00
5857	Loratadine Allergy Tablets, 10 mg.	100 ct.	\$12.00
5465	Mucinex® DM Tablets, 600 mg., 30 mg.	20 ct.	\$17.00
5858	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release, 1,200 mg., 60 mg.	14 ct.	\$10.00
5081	Nasal Decongestion Spray, 0.05%, 1 oz.	1 ct.	\$4.00
5040	Night Cold & Flu Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	1 ct.	\$6.00
5233	NyQuil® Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	1 ct.	\$12.00
5005	Robitussin® DM Syrup, 200 mg., 20 mg., 4 oz.	1 ct.	\$11.00
5072	Saline Nasal Spray, 0.65%, 1.5 oz.	1 ct.	\$3.50
5693	Sore Throat Lozenges, Cherry	18 ct.	\$5.00
5023	Tussin DM Sugar-Free Syrup, 100 mg., 10 mg., 4 oz.	1 ct.	\$4.00

*†\$See page 53

Keep this catalog for future orders.

Item #	Description	Count	Price
Cold, Flu & Allergy			
5008	Tylenol® Sinus Congestion Caplets, 325 mg., 5 mg.	24 ct.	\$12.00
5426	Zyrtec®, 10 mg.	14 ct.	\$22.00
Dental & Denture Care			
5700	Biotene® Dry Mouth Oral Rinse, 16 oz.	1 ct.	\$14.00
5330	Dental Floss, Mint Waxed	1 ct.	\$3.00
5168	Dental Travel Kit	1 ct.	\$3.50
5260	Denture Adhesive Cream, 2.4 oz.	1 ct.	\$4.00
5626	Denture Brush	1 ct.	\$1.50
5808	Efferdent® Plus Mint Tablets	44 ct.	\$9.00
5204	Efferdent® Tablets	20 ct.	\$3.00
5379	Fixodent® Cream, 2.4 oz.	1 ct.	\$7.00
5195	Oral Pain Relief Gel, 20%, 0.33 oz.	1 ct.	\$3.00
5809	Polident® Overnight	84 ct.	\$12.00
5810	Tongue Cleaner	1 ct.	\$6.00
5510	Toothbrush, Adult	1 ct.	\$1.50
6051	Toothbrush, Battery Powered	1 ct.	\$17.00
5160	Toothbrush, Rechargeable	1 ct.	\$35.00
5161	Toothbrush, Rechargeable Replacement Heads	2 ct.	\$17.00
5702	Toothbrush, Soft 2-pack	1 ct.	\$5.50
5241	Toothpaste Squeezer	1 ct.	\$3.00
5102	Toothpaste, Fluoride, 6.4 oz.	1 ct.	\$3.00
5859	Toothpaste, Pepsodent®, 5.5 oz.	1 ct.	\$3.50
5421	Toothpaste, Sensitive Teeth, 4.3 oz.	1 ct.	\$4.00
5294	Toothpaste, Ultrabrite®, 6 oz.	1 ct.	\$4.00
Diabetes Care			
5812	Diabetic Skin Relief Foot Cream, 4 oz.	1 ct.	\$12.00
5225	Diabetic Socks, Black, Medium, 3-pack	1 ct.	\$7.00
5223	Diabetic Socks, Black, Large, 3-pack	1 ct.	\$7.00
5860	Diabetic Socks, Black, X-Large, 3-pack	1 ct.	\$7.00
5224	Diabetic Socks, White, Medium, 3-pack	1 ct.	\$7.00
5222	Diabetic Socks, White, Large, 3-pack	1 ct.	\$7.00
Digestive Health			
5214	Alka-Seltzer® Tablets	24 ct.	\$8.00
5304	Antacid Chewables, 500 mg.	150 ct.	\$5.00

*\$See page 53

Keep this catalog for future orders.

Item #	Description	Count	Price
Digestive Health			
5420	Docusate Sodium Stool Softener Softgels, 100 mg.	100 ct.	\$5.00
5079	Famotidine Acid Reducer, 10 mg.*	30 ct.	\$5.00
5280	Gas Relief Chewable Tablets, 80 mg.	100 ct.	\$6.00
5009	Gas-X® ES Chewables, 125 mg.	18 ct.	\$10.00
5429	Loperamide Anti-Diarrheal Caplets, 2 mg.*	12 ct.	\$5.00
5863	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.*	42 ct.	\$23.00
5286	Pepto-Bismol®, 525 mg., 8 oz.	1 ct.	\$8.00
5287	Pepto-Bismol®, 525 mg., 16 oz.	1 ct.	\$12.00
5289	Pepto-Bismol® Tablets, 262 mg.	30 ct.	\$8.00
5696	Polyethylene Glycol Powder Laxative, 8.3 oz.	1 ct.	\$13.50
5212	Senna + Laxative Tablets, 50 mg., 8.6 mg.	60 ct.	\$3.00
5800	TUMS® Extra Strength, 750 mg.	96 ct.	\$7.50
5247	Vitafusion® Fiber Gummy†	90 ct.	\$17.00
Eye & Ear Care			
5189	Earwax Removal Drops, 6.5%, 0.5 oz.	1 ct.	\$3.00
5704	Earwax Removal System with Rubber Bulb, 6.5%	1 ct.	\$9.00
5041	Irritation Relief Eye Drops, 0.5 oz.	1 ct.	\$7.00
5048	Redness Relief Eye Drops, 0.5 oz.	1 ct.	\$3.00
5494	Visine® Redness Relief Drops, 0.5 oz.	1 ct.	\$12.00
First Aid & Medical Supplies			
5404	Adhesive First Aid Tape*	1 ct.	\$3.00
6005	Antiseptic Towelettes	100 ct.	\$6.00
5798	Bacitracin Ointment, 1 oz.	1 ct.	\$4.00
5151	Bandage, Stretch Gauze*	1 ct.	\$2.00
5203	Benadryl® Cream, 1 oz.	1 ct.	\$8.00
5547	Burn Relief Spray, 4 oz.	1 ct.	\$6.00
5199	Butterfly Closures	12 ct.	\$3.00
5192	Cotton Balls	100 ct.	\$4.00
5078	Diphenhydramine Anti-Itch Cream, 2%, 1.25 oz.	1 ct.	\$4.00
5194	Disposable Gloves, Nitrile, Small	100 ct.	\$16.00
5193	Disposable Gloves, Nitrile, Medium	100 ct.	\$16.00
5191	Disposable Gloves, Nitrile, Large	100 ct.	\$16.00
5930	Disposable Gloves, Nitrile, X-Large	100 ct.	\$16.00
5612	First Aid Kit, 75 Pieces	1 ct.	\$7.50

*\$See page 53

Keep this catalog for future orders.

Item #	Description	Count	Price
First Aid & Medical Supplies			
5711	First Aid Kit, 175 Pieces	1 ct.	\$15.00
5605	Flex Seal™ Spray Bandage, 1.35 oz.*	1 ct.	\$7.00
5400	Hydrocortisone Cream, 1%, 1 oz.	1 ct.	\$4.00
5527	Hydrogen Peroxide, 3%, 4 oz.	1 ct.	\$2.00
5317	Ice Bag	1 ct.	\$5.00
5045	Liquid Bandage, 0.3 oz.	1 ct.	\$8.00
5059	Neosporin® Ointment, 0.5 oz.	1 ct.	\$8.00
5437	Petroleum Jelly, 4 oz.	1 ct.	\$3.00
5131	Tape, Paper Surgical, 1" x 10 yd.*	1 ct.	\$2.00
4039	Triple Antibiotic + Pain Relief Ointment, 1 oz.	1 ct.	\$4.00
Foot Care			
5216	Clotrimazole Athlete's Foot Cream, 1%, 1.5 oz.	1 ct.	\$4.00
5543	Foot Powder, 4 oz.	1 ct.	\$5.00
5165	Tolnaftate Antifungal Cream, 1%, 1.25 oz.	1 ct.	\$5.00
Hemorrhoidal Preparations			
5414	Hemorrhoid Ointment, 2 oz.	1 ct.	\$5.00
5820	Preparation H® Medicated Wipes	48 ct.	\$11.00
Home Diagnostic & Patient Aids			
5813	Activity Tracker	1 ct.	\$55.00
5119	Bathroom Scale, Digital ^{†§}	1 ct.	\$35.00
5814	Bathroom Scale, Digital Talking ^{†§}	1 ct.	\$45.00
5371	Blood Pressure Monitor, Upper Arm Automatic [†]	1 ct.	\$35.00
5573	Blood Pressure Monitor, Upper Arm Talking [†]	1 ct.	\$45.00
5370	Blood Pressure Monitor, Wrist [†]	1 ct.	\$30.00
5872	Blood Pressure Monitor, Wrist Talking [†]	1 ct.	\$40.00
5821	Kitchen Scale, Digital [†]	1 ct.	\$25.00
5500	Long Handle Bath Sponge	1 ct.	\$8.00
5639	Night Light	1 ct.	\$4.00
5242	Pill Box, 7 Day, 1 Time a Day	1 ct.	\$4.00
5508	Pill Box, 7 Day, AM & PM	1 ct.	\$9.00
5824	Pill Cutter with Safety Shield	1 ct.	\$7.00
5096	Pulse Oximeter [†]	1 ct.	\$35.00
5098	Reaching Aid Device	1 ct.	\$16.50
5656	Shoe Horn	1 ct.	\$2.00

*†§See page 53

Keep this catalog for future orders.

Item #	Description	Count	Price
Home Diagnostic & Patient Aids			
5149	Thermometer, 60 Second	1 ct.	\$3.00
6048	Thermometer, Digital Ear	1 ct.	\$28.00
5627	Thermometer, Talking Ear & Forehead	1 ct.	\$48.50
Incontinence Supplies			
5525	A&D Ointment, 4 oz.	1 ct.	\$3.00
5879	Attends® Discreet Women's Moderate Bladder Control Pad*	20 ct.	\$8.00
5880	Attends® Discreet Women's Maximum Bladder Control Pad*	20 ct.	\$9.00
5881	Attends® Discreet Women's Panty Liner*	28 ct.	\$6.50
5716	Attends® Discreet Women's Ultrathin Pad*	20 ct.	\$8.00
5825	Bathing Wipes	8 ct.	\$7.00
5883	Disposable Underwear Pull-Up, Medium, 34" to 44"*	20 ct.	\$15.00
5882	Disposable Underwear Pull-Up, Large, 44" to 58"*	18 ct.	\$15.00
5884	Disposable Underwear Pull-Up, X-Large, 58" to 68"*	14 ct.	\$15.00
6058	Underpad, Disposable, 23" x 24"*	50 ct.	\$14.00
5722	Underpad, Disposable, 30" x 30"*	10 ct.	\$10.00
Pain Relief			
5430	Acetaminophen Arthritis, 650 mg.	100 ct.	\$11.00
5428	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	50 ct.	\$3.00
6039	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	100 ct.	\$7.00
5302	Acetaminophen Tablets, 325 mg.	100 ct.	\$4.00
5054	Advil® LiquiGels, 200 mg.	20 ct.	\$8.00
5053	Advil® Tablets, 200 mg.	50 ct.	\$12.00
5375	After Bite® Relief, 0.5 oz.	1 ct.	\$6.00
5256	Aleve® Caplets, 220 mg.	90 ct.	\$15.00
4040	Aspercreme® with Lidocaine, 4%, 2.7 oz.	1 ct.	\$13.00
5073	Aspirin Chewables, Low Dose, 81 mg.	36 ct.	\$2.50
5493	Bengay® Cream, 2 oz.	1 ct.	\$9.00
4007	Capsaicin Heat Patch, 0.025%	2 ct.	\$2.00
4038	Diclofenac Arthritis Pain Relief Gel, 1%, 3.53 oz.	1 ct.	\$12.00
5011	Excedrin® Migraine Tablets, 250 mg., 250 mg., 65 mg.	24 ct.	\$8.00
5314	Fast Freeze® Pain Relief Spray, 4 oz.	1 ct.	\$9.00
5472	Heating Pad, 12" x 15"*	1 ct.	\$22.00
5726	Heating Pad, X-Large, 12" x 24"*	1 ct.	\$35.00
5725	Heating Pad Wrap For Shoulder, Neck & Back, 25" x 26"*	1 ct.	\$60.00

*†§See page 53

Keep this catalog for future orders.

Item #	Description	Count	Price
Pain Relief			
5886	HeatWraps, Back & Hip	2 ct.	\$6.00
5887	HeatWraps, Neck & Shoulder	3 ct.	\$6.00
5093	Ibuprofen Tablets, 200 mg.	50 ct.	\$3.00
5485	Ibuprofen Tablets, 200 mg.	100 ct.	\$5.00
5342	Icy Hot® Pain Relief Roll-On, 16%, 2.5 oz.	1 ct.	\$9.00
5341	Icy Hot® Patch, 5%	5 ct.	\$8.00
5888	Lidocaine Patch, 4%	5 ct.	\$9.00
5457	Muscle Rub Cream, 1.25 oz.	1 ct.	\$3.00
5425	Tylenol® PM Extra Strength Tablets, 500 mg.	24 ct.	\$11.00
Personal Care			
5390	Anti-Dandruff Shampoo, 11 oz.	1 ct.	\$5.00
Rehabilitation, Therapy & Exercise			
6073	Pedal Exerciser	1 ct.	\$50.00
Skin Care			
5169	Anti-Bacterial Wet Wipes	24 ct.	\$3.00
5091	Dry Skin Cream, 16 oz.	1 ct.	\$9.00
5924	Hand Sanitizer Gel, 8 oz.	1 ct.	\$4.50
5486	Insect Repellent, Cutter® Backwoods, 6 oz.	1 ct.	\$8.00
6036	Moisturizing Body Lotion with Aloe, 8 oz.	1 ct.	\$6.00
5665	Sunscreen, SPF 30, 4 oz.	1 ct.	\$6.00
Sleep Aids			
5074	Diphenhydramine Sleep Tablets	50 ct.	\$5.00
Supports & Braces			
5526	Hot Cold Reusable Pack, 5" x 10"	1 ct.	\$4.00
Vitamins & Dietary Supplements			
5359	Biotin Gummy, 5,000 mcg.‡	60 ct.	\$8.50
5300	Calcium, 600 mg.‡	60 ct.	\$6.00
5355	Calcium + Vitamin D3 Gummy, 500 mg., 25 mcg.‡	60 ct.	\$12.00
5739	Calcium Chew, Chocolate, 650 mg.‡	60 ct.	\$10.00
5001	Centrum® Silver Vitamins‡	125 ct.	\$22.00
5918	Daily Multivitamin Gummy‡	120 ct.	\$12.00
5448	Eye Supplement Tablets‡	60 ct.	\$4.00
5299	Ferrous Sulfate Iron Supplement, 325 mg.‡	100 ct.	\$3.00
5271	Flaxseed Oil Softgels, 1,000 mg.‡	100 ct.	\$8.00

*‡See page 53

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Item #	Description	Count	Price
Vitamins & Dietary Supplements			
6026	Glucosamine (Joint Health Support), 500 mg.‡	60 ct.	\$9.00
5436	Lutein, 20 mg.‡	60 ct.	\$11.00
5742	Magnesium, 250 mg.‡	110 ct.	\$6.00
5328	Magnesium, 500 mg.‡	100 ct.	\$7.00
5273	Melatonin, 3 mg.‡	90 ct.	\$6.00
5358	Melatonin Gummy, 5 mg.‡	120 ct.	\$12.00
5920	One Daily Men's Multivitamin‡	100 ct.	\$6.00
5186	One Daily Women's Multivitamin‡	100 ct.	\$6.00
5132	Senior Multivitamin‡	90 ct.	\$7.00
4005	Senior Men's Multivitamin‡	100 ct.	\$9.00
4006	Senior Women's Multivitamin‡	100 ct.	\$9.00
5746	Vitamin B-12, 500 mcg.‡	100 ct.	\$6.00
6060	Vitamin B-12, 1,000 mcg.‡	100 ct.	\$9.50
5922	Vitamin B-12, Sublingual, 5,000 mcg.‡	30 ct.	\$6.50
5305	Vitamin B-Complex‡	100 ct.	\$4.00
5179	Vitamin B-Complex + Vitamin C‡	100 ct.	\$7.00
5301	Vitamin C, 500 mg.‡	100 ct.	\$5.00
5748	Vitamin C, 1,000 mg.‡	100 ct.	\$9.00
5492	Vitamin C Gummy, 250 mg.‡	60 ct.	\$9.00
5175	Vitamin D3, 10 mcg.‡	100 ct.	\$4.00
5183	Vitamin D3, 25 mcg.‡	100 ct.	\$8.00
5356	Vitamin D3 Gummy, 50 mcg.‡	60 ct.	\$11.00
5269	Vitamin E, 180 mg.‡	110 ct.	\$9.00
5274	Zinc Tablets, 50 mg.‡	100 ct.	\$6.00

*Under certain circumstances, these items may be covered under either Part B or Part D. When an item is covered by Part B or Part D due to particular circumstances, you would not use your Part C Supplemental OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

‡Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

§Scales are available to members with congestive heart failure or liver disease, to monitor fluid retention.

This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions.

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