

Senior Care Plus 2023 Healthy Rewards Program

Reward	Who is Eligible	Reward Value	Criteria for Reward	Fine Print
DSNP Initial Health Risk Assessment (HRA)	NEW DSNP Members that complete HRA within 90 days of enrollment	\$50.00	The Health Risk Assessment (HRA) is a questionnaire that evaluates a members lifestyle and health status. You can easily complete your HRA on MyChart or by calling 775-982-4355. This reward is available to our Extensive Duals Plan Members ONLY who complete their Initial Health Risk assessment within 90 days of their enrollment.	MUST BE A MEMBER OF THE EXTENSIVE DUALS PLAN AND MUST BE COMPLETED WITHIN 90 DAYS OF ENROLLMENT
DSNP Annual Health Risk Assessment (HRA) Reassessment	Existing DSNP Members who complete their HRA by their 1 Year Enrollment anniversary	\$50.00	The Health Risk Assessment is a questionnaire that evaluates a members lifestyle and health status. You can easily complete your HRA on MyChart or by calling 775-982-4355. This reward is available to our Extensive Duals Plan Members ONLY who complete their Health Risk Assessment prior to their 1 year enrollment anniversary and at least 11 months after their Initial Health Risk Assessment	MUST BE A MEMBER OF THE EXTENSIVE DUALS PLAN AND MUST BE COMPLETED PRIOR TO THEIR ANNUAL ENROLLMENT ANNIVERSARY.
Colonoscopy	All Members	\$50.00	A colonoscopy is considered the gold standard to preventing Colorectal Cancer and typically completed every 10 years. Colonoscopies are recommended starting at the age of 45 until at least 75 years old. This reward is available to all Senior Care Plus members who receive a colonoscopy in 2023.	THIS SCREENING MAY NOT BE COMBINED WITH THE FIT/COLOGARD SCREENING TEST. WHICHEVER IS COMPLETED FIRST WILL BE INCENTIVIZED. APPLICABLE FOR BILLING CODES 44388-44394, 44401-44408, 45378-45386, 45398, AND 45388-45693 ONLY.
FIT Test or Cologuard Test	All Members	\$10.00	A Fecal Immunoassay Test (FIT) is an alternative way to detect colorectal cancer and can be done from your home. This test is done annually and is recommended if you are not going to receive a colonoscopy. A Cologuard is another at home screening test and is done every three years. Colorectal Cancer screenings are recommended for all members ages 45-75. This reward is available to all Senior Care Plus members who complete a FIT or Cologuard screening in 2023.	THIS SCREENING MAY NOT BE COMBINED WITH THE COLONOSCOPY SCREENING. WHICHEVER IS COMPLETED FIRST WILL BE INCENTIVIZED. APPLICABLE FOR BILLING CODES 81528, 82270, AND 82274 ONLY

Mammogram	All Members	\$25.00	Regular Mammograms can help detect breast cancer early, when it is easier to treat. This reward is available to all Senior Care Plus Members complete a mammogram in 2023.	ULTRASOUNDS OF THE BREAST OR OTHER METHODS TO SCREEN FOR BREAST CANCER ARE EXCLUDED. ONLY A MAMMOGRAM OF BOTH BREASTS IS ELIGIBLE FOR INCENTIVE. APPLICABLE FOR BILLING CODES 77055-77057, 77061-77063, AND 77065-77067 ONLY.
Osteoporosis Screening After a Fracture	Any member that has a fracture (skull, face, fingers, and toes excluded)	\$50.00	Older adults are at a higher risk of complications from simple fractures. It is important that if you have not been recently screened for osteoporosis, you be screened within 6 months of any bone fracture with a DEXA/Ultrasound Bone scan or begin an appropriate osteoporosis medication. This reward is available to all Senior Care Plus Members who complete a DEXA scan, Bone Ultrasound, or fill a new prescription* for management of Osteoporosis within 180 days of fracturing a bone. <i>Senior Care Plus provides a free portable Bone Ultrasound at not cost for members who meet criteria that can be completed at a location of the members choosing. Please call 775-982-4355 to schedule.</i>	SCREENING MUST TAKE PLACE NO LATER THAN 179 DAYS OF INITIAL FRACTURE DATE TO BE EILIGBLE. APPLICABLE CODES INCLUDE 76977, 77078, 77080, 77081, AND 77085. OR PRESCRIPTION MUST BE FILLED WITHIN 179 DAYS OF FRACTURE DATE TO BE ELIGIBLE <i>*applicable prescriptions include ONLY: Alendronate, Aldendronate-cholecalcifoerol, Ibandronate, Risedronate, Zoledronic acid, Abaloparatide, Denosumab, Raloxifene, or Teriparatide</i> FRACTURES OF THE FINGERS, TOES, FACE AND SCULL ARE NOT ELIGIBLE
Medication Adherence - Non Insulin Using Diabetic Medications	Any member with a diagnosis of Diabetes and is NOT on insulin, prescribed an applicable medication	\$10.00 per Quarter	Adherence to your medication regimens is important to maintaining your health. Senior Care Plus wants to reward our members for being adherent to your disease treatment plan. For every quarter - if you have filled your diabetic medications timely (either a 90/100 day fill, or three (3) 30 day fills, you will receive a reward. Medications must be filled on time and using your Senior Care Plus pharmacy benefit. This reward is available to all Senior Care Plus members with Type 2 Diabetes that are not using insulin therapy and taking either oral or injectable diabetes medications. A full list of eligible medications can be found at www.seniorcareplus.com . If you are experiencing barriers to being able to obtain your medications, please reach out to Senior Care Plus to see what resources are available to you.	A FULL LIST OF ELIGIBLE MEDICATIONS CAN BE FOUND AT www.seniorcareplus.com *Persons with type 2 diabetes who are currently using insulin therapy or begin insulin therapy during the calendar year are excluded. Missed days in each quarter = not eligible for incentive amount

Medication Adherence - HTN	Any member with a diagnosis of hypertension on an applicable medication	\$10.00 per Quarter	<p>Adherence to your medication regimens is important to maintaining your health. Senior Care Plus wants to reward our members for being adherent to your disease treatment plan. For every quarter - if you have filled your eligible hypertension medications timely (either a 90/100 day fill or three (3) 30 day fills, you will receive a reward. Medications must be filled on time and using your Senior Care Plus pharmacy benefit.</p> <p>This reward is available to all Senior Care Plus members with a diagnosis of hypertension and take any of the eligible prescription drugs. Eligible prescriptions are those listed in tier 6 of your drug formulary. If you are experiencing barriers to being able to obtain your medications, please reach out to Senior Care Plus to see what resources are available to you.</p>	<p>ALL ELIGIBLE MEDICATIONS CAN BE FOUND IN THE TIER 6 DRUG FORMULARY FOR HYPERTENSION OR AT www.SeniorCarePlus.com</p> <p><i>*Not all hypertension medications are included</i></p> <p>Missed days in each quarter = not eligible for incentive amount</p>
Medication Adherence - Statin	Any member prescribed a statin medication	\$10.00 per Quarter	<p>Adherence to your medication regimens is important to maintaining your health. Senior Care Plus wants to reward our members for being adherent to your disease treatment plan. For every quarter - if you have filled your eligible cholesterol medications timely (either a 90/100 day fill or three (3) 30 day fills, you will receive a reward. Medications must be filled on time and using your Senior Care Plus pharmacy benefit.</p> <p>This reward is available to all Senior Care Plus members taking a cholesterol medication (statin). Eligible prescriptions are those listed in tier 6 of your drug formulary. If you are experiencing barriers to being able to obtain your medications, please reach out to Senior Care Plus to see what resources are available to you.</p>	<p>ALL ELIGIBLE MEDICATIONS CAN BE FOUND IN THE TIER 6 DRUG FORMULARY FOR HIGH CHOLESTEROL OR AT www.SeniorCarePlus.com.</p> <p>Missed days in each quarter = not eligible for incentive amount</p>
Comprehensive Health Assessment (CHA) - New Assessment	All Members who complete a Comprehensive Health Assessment but had not done so in 2022	\$100.00	<p>The Comprehensive Health Assessment is an appointment with a specialized geriatric trained provider and is an invaluable opportunity to coordinate your health for 2023. If you are new to the plan, or just haven't received a comprehensive health assessment yet in 2022, earn \$100.00 for engaging in this specialized visit.</p> <p>This reward is available to all Senior Care Plus members who did not complete a Comprehensive Health Assessment in 2022.</p>	<p>MUST BE NEW TO PLAN, OR NOT HAVE COMPLETED A CHA IN CALENDAR YEAR 2022</p> <p>MEMBER IS NOT ELIGIBLE FOR BOTH THE NEW CHA ASSESSMENT AND THE REASSESSMENT</p>

Comprehensive Health Assessment (CHA) - Established Reassessment	All Members who complete a Comprehensive Health Assessment	\$50.00	<p>The Comprehensive Health Assessment is an appointment with a specialized geriatric trained provider and is an invaluable opportunity to coordinate your health for 2023. Continue to engage with our providers and earn \$50.00.</p> <p>This reward is available to all Senior Care Plus Members who had a comprehensive health assessment in 2022 and returns in 2023 for a follow up visit.</p>	MEMBER IS NOT ELIGIBLE FOR BOTH THE NEW CHA ASSESSMENT AND THE REASSESSMENT
Diabetic A1c Testing	All Members who have a diagnosis of Type 1 or Type 2 Diabetes	\$10.00	<p>Managing your diabetes includes regular A1c screenings to ensure you are staying healthy and preventing diabetic complications.</p> <p>This reward is available to all Senior Care Plus Members with Type 1 or Type 2 diabetes. A diagnosis of Pre-Diabetes is excluded.</p>	<p>MUST HAVE DIABETES DOCUMENTED IN LAST 12 MONTHS</p> <p>PREDIABETES IS EXCLUDED</p> <p>APPLICABLE BILLING CODES ARE 83036 AND 83037</p>
Diabetic Retinopathy Screening	All Members who have a diagnosis of Type 1 or Type 2 Diabetes	\$15.00	<p>Diabetic Retinopathy is a common complication from Diabetes and is one of the leading causes of adult onset blindness. Annual Eye Exams is an important part to managing your diabetes.</p> <p>This reward is available to all Senior Care Plus Members with Type 1 or Type 2 Diabetes. A diagnosis of Pre-Diabetes is excluded.</p> <p><i>*Senior Care Plus provides free retinal eye exams for members with diabetes on the last Tuesday of every month from 10am-12pm at 10315 Professional Circle. No appointment needed.</i></p>	<p>MUST HAVE DIABETES DOCUMENTED IN LAST 12 MONTHS</p> <p>PREDIABETES IS EXCLUDED</p>
Comprehensive Medication Review as defined by CMS Medication Therapy Management (MTM)Program	All Members who are eligible for MTM program as defined by CMS	\$10.00	<p>If you are eligible for Medication Therapy Management as defined by Medicare, a Senior Care Plus Pharmacist will call you and ask you to participate in a Comprehensive Medication Review. This telephone visit is no cost to you and allows you to speak to a pharmacist one on one and discuss all your medications, including over the counter drugs.</p> <p>Participation in this medication review can help make sure you are taking all your medications safely and identify any possible medication interactions.</p> <p>This reward is available to Senior Care Plus Members that meet the criteria for participation of the CMS Medication Therapy Management Program.</p> <p><i>*Current Criteria includes - members with at least 3 chronic conditions, taking at least 8 Part D prescription drugs, and incur a pharmacy spend of at least \$4935 per a year.</i></p>	<p>MUST MEET CMS CRITERA AS IDENTIFIED AT https://www.seniorcareplus.com/prescriptions/senior-care-plus-medication-therapy-management-mtm/</p>