

Community Resources

SENIOR CARE PLUS WANTS YOU TO KNOW ABOUT LOCAL COMMUNITY RESOURCES THAT SUPPORT OLDER ADULTS AND THOSE IN NEED.

These trusted organizations offer services like food assistance, transportation and caregiver support. They're here to help, and we encourage you to reach out if you need support.

CARE Chest

CARE Chest is a nonprofit agency serving Nevadans in need by providing medical resources free of charge.

775-829-2273

carechest.org

Service Include: Medical Resources

Carson City Senior Center

To enhance the quality of life and independence of seniors and inspire seniors to live every day to the fullest.

775-883-0703

carsoncityseniorcenter.org

Services Include: Food Insecurity, Social Programs, Senior Services

Catholic Charities of Northern Nevada

Providing support to those in need in the Reno/Sparks community as well as across rural Nevada

775-322-7073

ccsnn.org

Services Include: Food Insecurity, Housing Insecurity, Social Programs

Food Bank of Northern Nevada

Connecting families and individuals to the food and resources they need to thrive.

775-331-3663

fbnn.org

Services Include: Food Insecurity

GMTCare – Reno

Provides non-emergency ground medical transport service for the Reno metropolitan area and surroundings areas.

775-204-7474

gmtcare.com/locations/reno

Services Include: Medical Transportation Assistance

Jump Around Carson – RTC Carson City

Serving the community with a fleet of bright green and purple buses that feature a sleek, hopping jackrabbit

775-841-RIDE (7433)

Email: JAC@carson.org

Services Include: Transportation Assistance

NAMI Western Nevada – Warmline

Helping individuals and families impacted by mental illness. Nevada Warmline is a stigma-free, non-crisis peer support phone service.

Warmline: 775-241-4212

Crisis Line Dial: 988

namiwesternnevada.org

Services Include: Mental Health Support

Nevada 211

State program committed to helping Nevadans connect with the services they need.

Call **211** or **866-535-5654**

nevada211.org/senior-services

Services Include: Food Insecurity, Housing Insecurity, Social Programs, Transportation Assistance, Senior Services

Northern Nevada Community Housing

Striving to serve low and moderate-income individuals by providing safe, high-quality housing options.

775-337-9155

nnch.org

Services Include: Affordable Housing

Northern Nevada Dream Center

Bringing hope to individuals by providing support and services that address hunger, poverty, homelessness, addiction, and spiritual well-being.

775-443-4090

ndreamcenter.org

Services Include: Food Insecurity, Housing Insecurity, Social Programs

Regional Transportation Commission – RTC Washoe

Serving the citizens of Reno and Sparks by building a better community through quality transportation.

775-348-0400

rtcwashoe.com

Services Include: Transportation Assistance

Seniors in Service

Engaging vibrant and experienced volunteers to enrich Northern Nevada communities one life at a time.

775-358-2768

seniorsinservicenevada.org

Services Include: Companions, Caregiver Support

Washoe County Senior Services

When it comes to aging issues, Washoe County Senior Services is your designated community focal point.

775-328-2575

washoecounty.gov/seniorsrv

Services Include: Food Insecurity, Social Programs, Senior Services

Want to learn more about Senior Care Plus Medicare Advantage Plans?

Call: **775-982-3134**

Visit: **SeniorCarePlus.com**

Senior Care Plus 



Community resource information is current as of August, 2025. Information subject to change.